

# Texas Children's Health Plan Provider Manual



# STAR Kids

### Service Areas (Counties)

### Northeast

Jefferson

Chambers

Hardin

Jasper

Liberty

Newton

Orange

Walker

San Jacinto

Polk

Jefferson

Anderson Angelina Bowie Camp Cass Cherokee Cooke Delta Fannin Franklin Grayson Gregg Harrison Henderson Hopkins Houston Lamar Marion Montague Morris Nacogdoches Panola Rains Red River Rusk Sabina San Augustine Shelby Smith Titus Trinity Tyler Upshur Van Zandt Washington Wood

ND-0616-298

Harris

Brazoria

Fort Bend

Galveston

Matagorda

Montgomery

Austin

Harris

Waller

Wharton

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Quick Reference Phone List	7
Texas Children's Health Plan Phone Numbers	7
Telephone Numbers for Other Organizations	7
Introduction	8
Background	8
Texas Children's Health Plan Overview	8
STAR Kids Program and Objectives	9
Role of a Primary Care Provider (Medical Home)	9
Practice Areas	9
Role of a Health Home	10
Role of a Specialty Care Provider	10
Role of Long Term Services and Supports (LTSS) providers	
Role of Texas Children's Health Plan Service Coordinator	11
Role of a Texas Children's Health Plan Transition Specialist	12
Role of Pharmacy	13
Role of a Main Dental Home	13
Network Limitations	13
Definitions	14
1915(i) Home and Community Based Services- Adult Mental Health (HCBS-AMH)	14
Community Living Assistance and Support Services (CLASS) Waiver Program	14
Deaf Blind with Multiple Disabilities (DBMD) Waiver Program	14
Dual-Eligible	14
Home and Community-based Services (HCS) Waiver Program	
Long Term Services and Supports (LTSS)	14
Medical Dependent Children Program (MDCP) Waiver Program	
Texas Home Living (TxHmL) Waiver Program	
Youth Empowerment Services (YES) Waiver Program	
Covered Services	
Texas Health Steps Services	
Children of Migrant Farmworkers	
Description of Long Term Services and Support Services (LTSS)	
Service Coordination Services	
Role of a Texas Children's Health Plan Service Coordinator	17
STAR Kids Screening and Assessment Instrument	
STAR Kids Screening and Assessment Process	18
Service Coordination Services	
Level 1 Members	
Level 2 Members	
Level 3 Members	
Individual Service Plan	
Discharge Planning	
Continuity of Care Transition Plan	
Adult Transition Planning	
STAR Kids Only	
Coordination with Non-Medicaid Managed Care Covered Services (Non-Capitated Services)	
Medicaid Non-Capitated Services	21

Beh	avioral Health	22
	Definition of Behavioral Health	22
	Behavioral Health Covered Services	22
	Primary Care Provider Requirements for Behavioral Health	23
	Member Access to Behavioral Health Services	
	Attention Deficit Hyperactivity Disorder (ADHD)	23
	Health Home	23
	Self Referral	23
	Primary Care Provider Referral	24
	Coordination Between Behavioral Health and Physical Health Services	24
	Diagnostic and Statistical Manual of Mental Disorders (DSM-5)	24
	Consent for Disclosure of Information	24
	Court-Ordered Commitments	24
	Coordination with Local Mental Health Authorit and State Pschiatric Facilities	24
	Assessment Instruments for Behavioral Health	24
	Behavioral Health Focus Studies and Utilization Management Reporting	
	Follow-up and Missed Appointments	25
	Behavioral Health Value-Added Services	25
	Behavioral Health Emergencies	26
	Substance Use Disorder and Specialized Service Coordination	
	Mental Health Rehabilitative (MHR) and Targeted Case Management (TCM)	27
	Severe and Persistent Mental Illness (SPMI)	
	Severe Emotional Disturbance (SED)	
	Member Access to Benefits of MHR Services and TCM	
	Provider Requirements	
Qua	ality Management	
	Clinical Practice Guidelines	
	Behavioral Health Focus Studies and Utilization Management Reporting	
	Responsibilities	
Ger	neral Responsibilities	
	Primary Care Provider Responsibilities (Medical Home) Responsibilities	
	Differences Between PCP and Health Home	
	Availability and Accessibility	
	Acceptable After-hours Coverage	
	Unacceptable After-hours Coverage	
	Reporting Updates to Contact Information	
	Plan Termination	
	Member Education about Member's Right to Designate an OB/GYN	
	Specialist Functioning as Primary Care Provider	
	Member Education about Member's Right to Eye Health Care Services	
	Members' Right to Choose a Texas Children's Health Plan Network Pharmacy	
	Member Information about Advance Directives	
	Referral to Specialists and Health-related Services	
	How to Help Member Find Dental Care	
	Primary Care Provider Requirements for Behavioral Health	
	Referral to Network Facilities and Contractors	
	Members' Right to a Second Opinion	34

Specialty Care Provider Responsibilities	34
Availability and Accessibility	34
Responsibility to Verify Member Eligibility and/or Authorizations for Service	34
Continuity of Care	35
Out-of-Network Providers	35
Medical Records	35
Justification Regarding Out-of-Network Referrals—	
Including Partners Not Contracted with Texas Children's Health Plan	35
Reporting Abuse, Neglect, or Exploitation (ANE)	36
Medicaid Managed Care	
Mandatory Challenge Survey	37
Long Term Services and Supports	37
Community First Choice Provider Responsibilities	
Employment Assistance	
Supported Employment	
Pharmacy Provider Responsibilities	
Coordination with Texas Department of Family and Protective Services	39
Routine, Urgent, and Emergent Services	
Definitions	39
Emergent/Emergency	
Urgent Care Services	40
Routine Care Services	40
Requirements for Scheduling Appointments	40
Availability and Accessibility	40
Emergency Prescription Supply	41
Emergency Transportation—Ambulance	41
Non-emergency Transportation—Medical Transportation	41
Requesting MTP Services	42
Medical Transpotation Program (MTP)	42
Transportation Value-Added Services	
Medicaid Emergency Dental Services	42
Medicaid Non-emergency Dental Services	42
Durable Medical Equipment and Other Products Normally Found in a Pharmacy	43
Electronic Visit Verification (EVV)	43
What is EVV?	43
Do providers have a choice of EVV vendors?	43
Can a provider elect not to use EVV?	
Is EVV required for CDS employers?	
How do providers with assistive technology (ADA) needs use EVV?	44
EVV use of small alternative device (SAD) process and required SAD forms	44
Where do I submit the SAD agreement/order form?	
EVV Compliance	
Providers of Home Health Services Responsibilities	
Use of Reason Codes	45
Will Provider Training (including CDS Employers) be offered to providers?	
Will claim payment be affected by the use of EVV?	45

What if I need assistance?	45
Provider Complaint/Appeal Process	46
Provider Complaints to Texas Children's Health Plan	46
How to Submit Complaints On Line	46
How to Submit Complaints via Paper	46
Documentation	46
Provider Appeal to Texas Children's Health Plan	47
How to Submit Appeals via Paper	47
Documentation	47
Provider Complaints to Texas Health and Human Services Commission	47
Provider Appeal Process to HHSC (related to claim recoupment due to Member disenrollment)	48
Span of Coverage (Hospital) - Responsibility During a Continuous Inpatient Stay	48
Member Complaint/Appeal Process	
Member's Right to File Complaints with Texas Children's Health Plan and HHSC	49
How to File a Complaint	
Assistance and Filing Process	
Timeframe for Filing a Complaint	
Timeframe for Resolution of a Complaint	50
Member Appeal Process	
Member's Right to Appeal an Action	
How to File an Appeal	
Timeframe for Filing an Appeal	
Timeframe for Resolution of an Appeal	
Right to an Expedited HMO Appeal	
How to File an Expedited Appeal	
Resolution Timeframe for an Expedited HMO Appeal	
State Fair Hearing Information	
Can a Member Ask for a State Fair Hearing?	
Member Eligibility and Added Benefits	
Enrollment	
Verifying Member Medicaid Eligibility and Texas Children's Health Plan Enrollment	
Your Texas Benefits STAR Kids Medicaid Card and STAR Kids Medicaid Verification Form 1027	
Texas Children's Health Plan Identification Card	
Medicare	
Added Benefits	
STAR Kids Value-added Services	
Member's Rights and Responsibilities	
Members Rights	
Members Responsibilities	
Members Right to Designate an OB/GYN	
Frauds Information	
Reporting Waste, Abuse, or Fraud by a Provider or Client Medicaid Managed Care	
Do you want to report waste, abuse, or fraud?	
To report waste, abuse or fraud, choose one of the following	
To report waste, abuse or fraud, gather as much information as possible	
Billing and Claim Administration.	

Claims Filing	59
Long-term Services and Supports (LTSS)	59
Provider Portal Functionality	
Claims Submission Form/Format	60
Monthly Capitation Services	60
Emergency Services Claims	60
Coordination of Benefits with Third Party Resources	60
Member Acknowledgement Statement	61
Private Pay Form Agreement	61
Time Limit for Submission of Claims	62
Clean Claims Payment for Professional and Institutional Claim Submission	62
Clean Claims Payment on Pharmacy Claim Submission	62
HFCA 1500	63
UB-04	64
Payment/Accrual of interest by Texas Children's Health Plan	65
Allowable Billing Methods	65
Special Billing (Newborns, Value-Added Services, SSI Compounded Medications, etc.)	65
Claims Questions/Appeals	65
How to Find a List of Covered Drugs	65
How to Find a List of Preferred Drugs	65
Process for Requesting a Prior Authorization (PA)	65
Authorization for Health Services	65
Authorization of Clinician-Directed Care Coordination for Medically Complex Members	
How to Find a List of PA Required Services and Codes	67
Meaning of "PA Not Required" on Returned PA Request Form	67
Provider Portal	67
Continuity of Care and Out-of-Network Providers	67
Enrollment and Disenrollment from Health Plan	
Enrollment	
Newborn process	
Automatic Re-enrollment	
Changing Health Plans	69
Disenrollment	69
Special Access Requirements	
General Transportation and Ambulance/Wheelchair Van	70
Interpreter/Translation Services	
Provider/Care Coordination	
Reading /Grade Level Consideration	
Cultural Sensitivity	
Telemedicine, Telehealth, and Telemonitoring Access	71

### **Quick Refernce Phone List**

### Texas Children's Health Plan Phone Numbers

#### **Member Services**

• Information about STAR Kids.

• Eligibility/benefits questions.

TouCHPoint Phone: 832-828-1007 Toll free: 1-800-659-5764 Fax: 832-825-8777

### Care Management—Utilization, Case and Disease Management

- Prior authorization request.
- Concurrent review.

• Notification of admissions. Phone: 832-828-1004 Toll free: 1-877-213-5508 Fax: 832-825-8760 Hours of operation: 8 a.m. to 6 p.m., Monday through Friday

### **Provider and Care Coordination**

- Inquiries regarding Texas Children's Health Plan policies and procedures.
- Contract clarification.
- Fee schedule inquiries.
- Change of address/phone number notification.
- Requests for provider directories.
- Information on provider educational in-services.

Phone: 832-828-1008 Toll-free: 1-800-731-8527 Fax: 832-825-8750

### **Provider Hotline**

Claim status, questions and information.Questions about how a claim was processed.

Phone: 832-828-1004 Toll-free: 1-877-213-5508

### **STAR Kids Dental Services**

DentaQuest Phone: 1-800-516-0165

MCNA Dental Phone: 1-800-494-6262

Texas Children's Health Plan Nurse Help Line Phone: 1-800-686-3831

### **Electronic Funds Transfer (EFT)**

Change Healthcare Phone: 1-866-506-2830

#### **Pharmacy Hotline**

Navitus Phone: 1-877-908-6023



### Introduction

### Background

Senate Bill 7 from the 83<sup>rd</sup> Legislature, Regular Session, 2013 required the Texas Health and Human Services Commission (HHSC) to create the State of Texas Access Reform (STAR) Kids program. STAR Kids is a Medicaid managed care program for children with disabilities in Texas, which integrates acute care and long term services and supports (LTSS) delivered by a managed care organization.

### Texas Children's Health Plan Overview

Texas Children's Health Plan was founded in 1996 by Texas Children's Hospital in response to the changing managed care environment faced by the provider community. Texas Children's Health Plan was the first pediatric-focused health plan to be formed in the nation. Texas Children's Health Plan is licensed as a Health Maintenance Organization (HMO) by the State of Texas with a service area of Harris and surrounding counties and has been increasing in membership since inception. Texas Children's Health Plan is now among the largest HMOs in Texas serving government program members.



### STAR Kids Program and Objectives

Senate Bill 71 directs the Health and Human Services Commission to establish a mandatory, capitated STAR Kids managed care program tailored to provide Medicaid benefits to children and young adults with disabilities. Through the Texas Healthcare Transformation and Quality Improvement Program (THTQIP) 1115 Waiver, STAR Kids will serve children and young adults under the age of 21 who receive Supplemental Social Security Income (SSI) and SSI-related Medicaid. For eligible Members, STAR Kids will also provide the full service array for the Medically Dependent Children Program (MDCP).

The STAR KIDS program is a Medicaid managed care program providing integrated acute and long-term services and supports in a Medicaid managed care environment for disabled persons (mainly Supplemental Security Income (SSI) eligible Medicaid clients). The STAR KIDS program also covers individuals with intellectual disabilities or related conditions who do not qualify for Medicare and who receive services through the ICF-IID program or an IDD Waiver program (acute care and behavioral health services only – long-term services and supports are provided by the Department of Aging and Disability Services (DADS)).

In addition to the objectives of the STAR program, the STAR Kids program aims to:

- Integrate acute and long-term care services and supports
- Coordinate Medicare services for clients who are dual eligible

### Role of a Primary Care Provider (Medical Home)

The role of the primary care provider is to provide a medical home through which members receive services that:

- Direct and coordinate their care
- Maintain their health status
- Provide anticipatory guidance at all ages
- Help with addressing the clinical manifestations associated with chronic diseases

One of the principle objectives of Texas Children's Health Plan is to enhance member access to health care by providing a medical home for enrolled members. A primary care provider who has accepted responsibility for providing accessible, continuous, comprehensive, and coordinated care will be considered the medical home for the member.

### **Practice Areas**

Texas Children's Health Plan PCP Network may include Providers from any of the following practice areas:

- General Practice
- Family Practice
- Internal Medicine
- Pediatrics
- Obstetrics/Gynecology (OB/Gyn)
- Advanced Practice Registered Nurses (APRNs)
- Physician Assistants (PAs)
- Federally Qualified Health Centers (FQHCs)
- Rural Health Clinics (RHCs), and similar community clinics;
- Specialist physicians who are willing to provide a Health Home to selected Members with special needs and conditions.

For members with special medical needs, physicians practicing in specialties other than traditional primary care specialties can be denoted as the medical home. Members with special medical needs are identified in the medical management system and, as such, have care plans developed by Service Coordinators in collaboration with the physician acting as the medical home for these members.

In order to provide quality medical care for Texas Children's Health Plan members, a Texas Children's Health Plan contracted provider who is designated as the primary care provider medical home for the Texas Children's Health Plan member has certain responsibilities.

#### STAR Kids Members with dual eligibility are not required to have a PCP with Texas Children's Health Plan.

### Introduction

### Role of a Medical Home/Health Home

Texas Children's Health plan must provide access to a Health Home to any Member the health plan determines would most benefit from a Health Home or for any Member who requests a Health Home. A Health Home must provide an array of services and supports, outlined below, that extend beyond what is required of a PCP. STAR Kids Health Homes must operate through either a primary care practice or, if appropriate, a specialty care practice and must provide a teambased approach to care that is designed to enhance ease of access, coordination between Providers, and quality of care.

Health Home services must be part of a person-based approach and holistically address the needs of persons with multiple chronic conditions or a single serious and persistent mental or health condition.

Health Home services must include:

- 1. Patient self-management education;
- 2. Provider education;
- 3. Patient-centered and family-centered care;
- 4. Evidence-based models and minimum standards of care; and
- 5. Patient and family support (including authorized representatives).

Health Home Services may also include:

- 1. A mechanism to incentivize providers for provision of timely and quality care;
- 2. Implementation of interventions that address the continuum of care;
- 3. Mechanisms to modify or change interventions that are not proven effective;
- 4. Mechanisms to monitor the impact of the Health Home Services over time, including both the clinical and the financial impact;
- 5. Comprehensive care coordination and health promotion;
- 6. Palliative care options in the event of a life-limiting diagnosis;
- 7. Comprehensive traditional care, including appropriate follow-up, from inpatient to other settings;
- 8. Data management focused on improving outcome-based quality of care and improved patient and provider satisfaction;
- 9. Referral to community and social support services, if relevant; and
- 10. Use of health information technology to link services, as feasible and appropriate

### Role of a Specialty Care Provider

The role of the specialty care provider is to meet the medical specialty needs of STAR Kids members and provide all medically necessary covered services. Specialty care providers coordinate care with the member's medical home provider. Specialty care providers include behavioral health providers and other services:

- Provide specialty services upon referral from the primary care provider.
- Work closely with primary care provider to enhance continuity in health services to members.
- Advise the primary care provider in writing regarding findings in a consultation, recommendations or an ongoing treatment program.
- Notify primary care provider if another specialist is needed.
- Notify the primary care provider and Texas Children's Health Plan when a specialist wishes to admit a member to a hospital and provide information necessary to authorize the admission. Texas Children's Health Plan does not require pre-authorization for in-network specialists to treat members.

Member eligibility may be confirmed by calling Member Services at 832-828-1004 or toll free 1-877-213-5508 or online through Provider TouCHPoint at www.TexasChildrensHealthPlan.org/Providers.

### Role of Long Term Services and Supports (LTSS) providers

The Role of Long Term Services and Supports Providers STAR Kids Long-term Services and Supports providers are responsible for (but not limited to) the following:

- Verifying member eligibility
- Obtaining authorizations for services prior to provision of those services
- Initiating services within seven days of authorization for non-Home and Community-based Services (HCBS) STAR Kids Waiver members unless the referring provider or member requests otherwise
- Coordinating Medicaid/Medicare benefits
- MDCP services documentation and reporting requirements
- Notifying Texas Children's Health Plan of changes in a member's physical condition or eligibility
- Partnering with Texas Children's Health Plan Service Coordinator in managing a member's health care
- Managing continuity of care
- Employment Assistance providers must develop and update quarterly a plan for delivering Employment Assistance Services
- Supported Employment providers must develop and update quarterly a plan for delivering Supported Employment Services
- Report any suspicion or allegation of member abuse, neglect, or exploitation in accordance with Texas Human Resources Code §48.051, Texas Health and Safety Code §260A.002 and Texas Family Code §261.101 All Home and Community Support Services Agency (HCSSA) providers, adult day care providers, and residential care facility providers must notify Texas Children's Health Plan if a member experiences any of the following:
  - A significant change in the member's physical or mental condition or environment
  - Hospitalization
  - An emergency room visit
  - Two or more missed appointments

#### Role of Texas Children's Health Plan Service Coordinator

A Service Coordinator is the central contact between Texas Children's Health Plan and a Member's Providers, and family members to develop a complete service plan and provide the following services:

- Nursing Facility Care
- Acute care
- Behavioral Health
- Environmental care
- Functional care
- Home and community-based care

The STAR Kids Service Coordinator engages as an advocate and intervenes on behalf of the Member if approved by the Member. This interaction includes advocacy in school meetings, and collaboration with other entities and individuals involved with a Member's total program of care. As part of this process, the STAR Kids Service Coordinator facilitates an ongoing exchange of information with individuals or entities responsible for coordinating, implementing, and monitoring HCBS Waiver services. This includes sharing the initial ISP and any changes to the ISP as they are required. Further, the Service Coordinator will determine the appropriate re-assessment schedule based on the needs of the specific waiver program for re-certification.

### Role of a Texas Children's Health Plan Transition Specialist

A transition specialist assists the member to transition from pediatric to adult healthcare. They prepare the members and families for this transition and ensure continuity of care and supports the member's goals to take responsibility for their health care. Transition planning includes the following activities:

- Development of a continuity of care plan for transitioning Medicaid services and benefits from STAR Kids to the STAR+PLUS Medicaid managed care model without a break in service, or they transition to STAR+PLUS or community providers for Members of CHIP and STAR as applicable
- For STAR Kids Members, prior to the age of 10, the Transition Specialist informs the Member and the Member's Legal Authorized Representation (LAR) regarding LTSS programs offered through the Department of Aging and Disability Services (DADS) and, if applicable, provides assistance in completing the information needed to apply. DADS LTSS programs include Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), Texas Home Living (TxHmL), and Home and Community-based Services (HCS)
- Beginning at age 15, Texas Children's Health Plan begins quarterly updates to the ISP/Care Plan with transition goals
- Coordination with Department of Assistive and Rehabilitative Services (DARS) to help identify future employment and employment training opportunities is initiated by the Transition Specialist for STAR Kids Members as applicable
- If desired by the Member or the Member's LAR, coordination with the Member's school and Individual Education Plan (IEP) is made to ensure consistency of goals
- Health and wellness education occurs to assist the Member with Self-Management of other resources to assist the Member, the Member's LAR, and others in the Member's support system to anticipate barriers and opportunities that will impact the Member's transition to adulthood
- Assistance in applying for community services and other supports under the STAR+PLUS program after the Member's 21st birthday is provided
- Assistance in identifying adult healthcare providers is done in collaboration with the Member's PCP



### Introduction

### **Role of Pharmacy**

Texas Children's Health Plan will subcontract with Navitus Health Solutions (Navitus) to provide Pharmacy Benefit Management (PBM) services. Texas Children's Health Plan and Navitus will work together to manage the pharmacy benefit for Texas Children's Health Plan STAR Kids Members. Some examples of current practices that will also apply to all STAR Kids Members include:

- Allowing all pharmacies to fill prescriptions for covered drugs ordered by any licensed Provider, regardless of network participation
- Adjudicating preferred drugs as payable without prior authorization, unless they are subject to clinical edits (as identified by HHSC)
- For drug products purchased by a pharmacy through the Health Resources Services Administration (HRSA) 340b discount program, Navitus will only impose clinical edit prior authorization requirements. These drugs are exempt from all Perferred Drug List (PDL) prior authorization requirements and will be processed accordingly
- Excluding coverage for any drug marketed by a drug company (or labeler) that does not participate in the federal drug rebate program, drug products that have been classified as less-than-effective by the Food and Drug Administration (FDA) Drug Efficacy Study Implementation (DESI), and drugs for the purpose of enhancing sexual performance

Maintaining a comprehensive network of retail pharmacies is crucial to Texas Children's Health Plan administration of the STAR Kids pharmacy benefit. To that end, Texas Children's Health Plan supports pharmacies in many ways, including providing pharmacy education, supporting e-prescribing, helping network pharmacies become Medicaid-enrolled Durable Medical Equipment (DME) Providers and negotiating reasonable pharmacy Provider reimbursement rates.

### **Role of Main Dental Home**

Dental plan Members may choose their Main Dental Homes. Dental plans will assign each Member to a Main Dental Home if he/she does not timely choose one. Whether chosen or assigned, each Member who is 6 months or older must have a designated Main Dental Home.

A Main Dental Home serves as the Member's main dentist for all aspects of oral health care. The Main Dental Home has an ongoing relationship with that Member, to provide comprehensive, continuously accessible, coordinated, and familycentered care. The Main Dental Home provider also makes referrals to dental specialists when appropriate. Federally Qualified Health Centers and individuals who are general dentists and pediatric dentists can serve as Main Dental Homes.

### **Network Limitations**

Texas Children's Health Plan has an open network. Providers can refer to the Texas Children's Health Plan website or the current provider directory for a list of primary care providers, specialists, OB/Gyn physicians, behavioral health providers and facilities.

### Definitions

### 1915(i) Home and Community Based Services—Adult Mental Health (HCBS-AMH)

Home and Community Based Services-Adult Mental Health (HCBS-AMH) is a state-wide program that provides home and community-based services to adults with serious mental illness. The HCBS-AMH program provides an array of services, appropriate to each Member's needs, to enable him or her to live and experience successful tenure in their chosen community. Services are designed to support long term recovery from mental illness.

### Community Living Assistance and Support Services (CLASS) Waiver Program

The Community Living Assistance and Support Services (CLASS) program provides home and community-based services to people with related conditions as a cost-effective alternative to an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). A related condition is a disability, other than an intellectual disability, that originated before age 22 that affects the ability to function in daily life.

### Deaf Blind with Multiple Disabilities (DBMD) Waiver Program

The Deaf Blind with Multiple Disabilities (DBMD) program provides home and community-based services to people who are deaf blind and have another disability. This is a cost-effective alternative to an intermediate care facility for individuals with an intellectual disability or related conditions (ICF/IID). The DBMD program focuses on increasing opportunities for consumers to communicate and interact with their environment.

### **Dual-Eligible**

Medicaid recipients who are also eligible for Medicare.

### Home and Community-based Services (HCS) Waiver Program

The Home and Community-based Services (HCS) program provides individualized services and supports to people with intellectual disabilities who are living with their families, in their own homes or in other community settings, such as small group homes where no more than four people live. The local authority provides service coordination.

### Long Term Services and Supports (LTSS)

LTSS means assistance with daily healthcare and living needs for individuals with a long-lasting illness or disability.

#### Medical Dependent Children Program (MDCP) Waiver Program

The Medically Dependent Children Program (MDCP) provides services to support families caring for children who are medically dependent and encourages the transition of children in nursing homes back to the community.

#### Texas Home Living (TxHmL) Waiver Program

The Texas Home Living (TxHmL) program provides selected essential services and supports to people with an intellectual disability or a related condition who live in their own home or their family's home.

#### Youth Empowerment Services (YES) Waiver Program

The Youth Empowerment Services (YES) waiver provides comprehensive home and community-based mental health services to youth between the ages of 3 and 18, up to a youth's 19th birthday, who have a serious emotional disturbance. The YES Waiver not only provides flexible supports and specialized services to children and youth at risk of institutionalization and/or out-of-home placement due to their serious emotional disturbance, but also strives to provide hope to families by offering services aimed at keeping children and youth in their homes and communities.

Star Kids benefits are governed by Texas Children's Health Plan's contract with the Health and Human Services Commission (HHSC), and include: medical, vision, behavioral health, pharmacy and long term services and supports (LTSS). MDCP services are covered for individuals who qualify for and are approved to receive MDCP. For updated list of covered services refer to Texas Medicaid Provider Procedures Manual (TMPPM) STAR Kids Manual.

### **Texas Health Steps Services**

These services are described in the Texas Medicaid Provider Procedures Manual (TMPPM).

The goals of the Texas Health Steps Program are as follows:

- Emphasize the prevention, early detection and treatment of medical and dental problems in Medicaid clients from birth through 20 years of age
- Associate clients with primary care providers able to meet their health care needs
- Offer preventive medical and dental care and treatment before health problems become chronic or irreversible
- Offer comprehensive services that are available statewide through private and public providers
- Encourage client use of preventive services
- Expand client awareness of services offered

Under the Texas Health Steps Program, newly enrolled members must have a medical checkup (unless the member refuses) within 90 days of new enrollment and based upon the American Academy of Pediatrics and the Texas Health Steps Periodicity Schedule. Newborns must receive an initial checkup before discharge from the hospital and another checkup between discharge and age five days. Migrant families with eligible children may access accelerated services.

All members will have access to Texas Health Steps services that are conveniently located so that members do not face unreasonable scheduling delays, appointment waiting time, and travel time. Since public schools support the Texas Health Steps Program, children may be excused from school for Texas Health Steps medical and dental checkups.

Texas Children's Health Plan members are not limited to visiting in-network providers for Texas Health Steps services. They may visit any Texas Health Steps provider in order to receive Texas Health Steps services.

### **Children of Migrant Farmworkers**

Children of Migrant Farmworkers due for a Texas Health Steps medical checkup can receive their periodic checkup on an accelerated basis prior to leaving the area. A checkup performed under this circumstance is an accelerated service, but should be billed as a checkup.

Performing a make-up exam for a late Texas Health Steps medical checkup previously missed under the periodicity schedule is not considered an exception to periodicity nor an accelerated service. It is considered a late checkup.



Please refer to the current Texas Medicaid Provider Procedures Manual (TMPPM) for listing of limitations and exclusions. www.tmhp.com/pages/medicaid/medicaid\_publications\_provider\_manual.aspx

### **Description of Long Term Services and Support Services (LTSS)**

- Adaptive Aids- These are items or services necessary to assist the member to maintain function or treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function. Adaptive Aids enable individuals with functional impairments to perform activities of daily living or to control the environment in which they live. Texas Children's Health Plan will be responsible for STAR KIDS MDCP Members only.
- **Community First Choice Services (CFC)** is a program that enables Texas Medicaid recipients with disabilities to receive the most cost effective approach to basic attendant and habilitation service delivery.
- Day Activity and Health Services (DAHS)- Facilities that provide services to individuals who live in the community as an alternative to living in a nursing home or other institution. Services address physical, mental medical and social needs. This service is for Members 18 of age and older.
- Employment Assistance (EA)- Provides an individual to locate competitive employment in the community. EA is provided by a direct service agency or by a provider hired by the Consumer Directed Services (CDS) employer. Texas Children's Health Plan will be responsible for STAR KIDS MDCP Members only.
- Financial Management Services (FMS)- Services delivered by the Financial Management Services Agency to an employer such as orientation, training, support, assistance with and approval of budgets, and processing payroll and payables on behalf of the employee. Provides financial management services to people who receive certain services from the Texas Department of Aging and Disability Services (DADS) who have chosen to take responsibility for coordinating their own services through the Consumer Directed Services (CDS). This will include Support Consultation for Consumer-Directed Service Option only.
- Flexible Family Support Services- are individualized and disability-related services that support an individual to participate in child care, independent living and post-secondary education. Flexible Family Support Services include personal care supports for basic activities of daily living (ADL) and instrumental ADL, skilled task and delegated skilled task supports. Texas Children's Health Plan will be responsible for STAR Kids MDCP Members only.
- Minor home modifications- Services that assess the need to arrange for and provide modifications and/or improvements to the individual's quarters to allow for community living and ensure safety, security and accessibility. Minor home modifications (MHM) do not include major home renovations, remodeling or construction of additional rooms. By rule, the Community Living Assistance and Support Services (CLASS)program assures that minor home modifications are:
  - Cost effective
  - Associated with the related condition
  - Necessary to avoid institutionalization
  - Provide safe access to the home and community, and
  - Improve self-reliance and independence

Texas Children's Health Plan will be responsible for STAR KIDS MDCP Members only.

- Personal Care Services (PCS)- Support services provided to a person eligible for THSteps-CCP services who requires assistance with ADLs or IADLs due to physical, cognitive, or behavioral limitations related to his or her disability or chronic health conditions.
- **Private Duty Nursing (PDN)** Services that are provided in a individuals home and are beyond what a certified home health agency can provide.
- **Respite Care** Respite means having someone else look after your loved one while caregiver takes a break. Respite takes place either in the home or of a family or friend or at a location in the community. Texas Children's Health Plan will be responsible for STAR Kids MDCP Members only.
- Supported Employment- A program offered to individuals who are interested in obtaining and maintaining employment in the community. Supported employment is based on the principal that everyone can and has the right to work. Jobs are sought based on the individual's interest, preferences and abilities. The program provides a variety of services such as job coaching, transportation and on-going support. Texas Children's Health Plan will be responsible for STAR Kids MDCP Members only.
- Transition Assistance Services (TAS)- Helps people who reside in a nursing facility and who are Medicaid –eligible to set up a household in the community if the person will be enrolling in one of the following Medicaid waiver programs upon discharge from the nursing facility. Texas Children's Health Plan will be responsible for MDCP Members only.
- Attention Deficit Hyperactivity Disorder (ADHD)- Texas Children's Health Plan will contact all newly prescribed ADHD members and mail ADHD information packet post initial fill. Contact ADHD members after 4 consecutive refills and remind them they need to follow up with their prescribing MD again before the end of the 180th day post first fill. Reimbursement for these services will be determined according to the Provider Agreement.

### **Service Coordination Services**

### Role of a Texas Children's Health Plan Service Coordinator

A Service Coordinator is the central contact between Texas Children's Health Plan and a Member's Providers, and family members to develop a complete service plan and provide the following services.

- Nursing Facility Care
- Acute care
- Behavioral Health
- Environmental care
- Functional care
- Home and community-based care

The purpose of a Service Coordinator is to maximize a Member's health, wellbeing, and independence. The Service Coordinator must work with the Member's PCP to coordinate all Covered Services, non-capitated services, and non-covered services available through other sources. This requirement applies regardless of whether the PCP is in the Health Plan's Network. In order to integrate the Member's care while remaining informed of the Member's needs and condition, the Service Coordinator must actively involve the Member's primary and specialty care Providers, including Behavioral Health Service Providers, and Providers of non-capitated services and non-covered services.

Providers can access the Service Coordination department for the STAR Kids member at Texas Children's Health Plan by calling 832-828-1004 or 1-877-213-5508. The Service Coordinator will be notified to contact the provider.

### STAR Kids Screening and Assessment Instrument

The STAR Kids Screening and Assessment Instrument (SAI) is designed as a standard screening and assessment process. It assists in: determining eligibility for Medicaid-funded community long term services and supports (LTSS) for the MDCP population, identifying individuals' support needs, and informing their service and support planning (e.g., plan of care).

The STAR Kids Screening and Assessment Instrument (SAI) is an electronic assessment and screening tool that is used to help identify the potential need for Personal Care Services and nursing services, behavioral health, physical therapy, occupational therapy and speech therapy services.

### **STAR Kids Screening and Assessment Process**

The STAR Kids Screening and Assessment Process will identify the complexity and intensity of the member's preferences and physical, medical, mental, social, developmental, and behavioral needs.

Members will be assigned to the appropriate tier based on their level of need.

### Service Coordination Services

Texas Children's Health Plan furnishes a named Service Coordinator to all Members who request one. Texas Children's Health Plan also furnishes a named Service Coordinator to a Member when it is determined one is required through an assessment of the Member's health and support needs. Texas Children's Health Plan assigns EVERY Member to a Service Coordinator for accountability of Member engagement and monitoring of progress on ISP goals.

The Texas Children's Health Plan Service Coordination Program has three tiers of Service Coordination and assign Members to the appropriate tier based on their level of need. Texas Children's Health Plan may use a Health Home employee as the named Service Coordinator.

Texas Children's Health Plan provides the following for all STAR Kids Members:

- A description of Service Coordination;
- A phone number to contact if the Member needs Service Coordination or is experiencing problems with Service Coordination;
- The name of their Service Coordinator, if applicable;
- The phone number and e-mail address of their named Service Coordinator or information on how to reach a Service Coordinator if the Member does not have a named Service Coordinator;
- The minimum number of contacts the Member will receive every year; and
- The types of contacts the Member will receive and instructions on how to request additional Service Coordination assistance at any time
- How to access a Member Advocate if the Member has complaints about a Service Coordinator

If the named Service Coordinator changes, Texas Children's Health Plan notifies Members within 5 Business Days of the name and phone number of their new Service Coordinator. Within the same time period, Texas Children's Health Plan also posts the new Service Coordinator's information on the portal or website Members use to obtain plan information. If the Member is in a Nursing Facility when the change occurs, the Nursing Facility is notified of the new Service Coordinator's Coordinator's the Nursing Facility is notified of the new Service Coordinator's Coordinator's contact information within 5 days.

The structure of the Texas Children's Health Plan Service Coordination Levels is based on findings from the Member, the Member's LAR, and relevant service Providers in addition to assessment information.

### Level 1 Members

All Level 1 Members must receive a minimum of four face-to-face Service Coordination contacts annually, in addition to monthly phone calls, unless otherwise requested by the Member/LAR. Texas Children's Health Plan provides a Level 1 Member with a named Service Coordinator. Members also receive contact from a Service Coordinator within 30 days of the initial Individual Service Plan (ISP) or any change in the ISP to monitor implementation of that plan.

#### Level 2 Members

All Level 2 Members must receive a minimum of two face-to-face and six telephonic Service Coordination contacts annually unless otherwise requested by the Member. Texas Children's Health Plan provides a Level 2 Member with a named Service Coordinator. Members also receive contact from a Service Coordinator within 30 days of the initial Individual Service Plan (ISP) or any change in the ISP to monitor implementation of that plan.

### Level 3 Members

All Level 3 Members must receive a minimum of one face-to-face visit annually and at least three telephonic service coordination outreach contacts yearly. Texas Children's Health Plan will assign every Level 3 Member a Service Coordinator as the responsible party for Member engagement. At the Member's request, Texas Children's Health Plan provides Level 3 Members with a named Service Coordinator. Members also receive contact from a Service Coordinator within 30 days of the initial Individual Service Plan (ISP) or any change in the ISP to monitor implementation of that plan.

#### **Individual Service Plan**

A plan that is created by Service Coordinator, Member and LAR that supports the member in obtaining needed services and referrals in a manner respecting the individuality and preferences of the Member.

### **Discharge Planning**

In support of successful discharge planning to transition a Member back to the community, the Texas Children's Health Plan Service Coordinator works with the Member's PCP/admitting physician, the hospital/inpatient psychiatric facility discharge planner(s), the attending physician, the Member, and the Member's family to assess and plan for the Member's discharge. The discharge planning process is initiated at notice of inpatient admission. Texas Children's Health Plan's Utilization Management (UM) Specialists identify the needs of Member's related to acute inpatient episodes of care, collaborating with the facility case managers to proactively identify setting, service, and equipment requirements beginning on the day of admission. The UM Specialists notifies the Service Coordinators of admission to initiate the process.

Upon receipt of notice of a Member's discharge from an inpatient psychiatric facility, Service Coordinators must contact the Member within 1 business day. Discharge planning includes establishing appropriate service authorizations. When long-term care is needed, the Health Plan must ensure that the Member's discharge plan includes arrangements for receiving Community-Based Services as appropriate.

#### **Continuity of Care Transition Plan**

Transition Specialists are wholly dedicated to transition support and trained on the STAR+PLUS system and maintain current information on local and state resources to assist the Member in the transition process.

The Service Coordinator informs the Member, the Member's family, and the Member's of all service options available to meet the Member's needs in the community. Texas Children's Health Plan is responsible for timely access to Service Coordination to arrange for Medically Necessary or Functionally Necessary PCS or Private Duty Nursing Services immediately upon the Member's transition from a Nursing Facility or ICF/IID to the community.



### Adult Transition Planning

### STAR Kids Only

Texas Children's Health Plan will help to assure that teens and young adult Members receive early and comprehensive transition planning to help prepare them for service and benefit changes that will occur following their 21st birthday. Each Health Plan is responsible for conducting ongoing transition planning starting when the Member turns 15 years old. The Health Plan will provide transition planning services as a team approach through the named Service Coordinator if applicable and with a Transition Specialist within the Member Services Division. Transition Specialists must be an employee of the Health Plan and wholly dedicated to counseling and educating Members and others in their support network about considerations and resources for transitioning out of STAR Kids. Transition Specialists must be trained on the STAR+PLUS system and maintain current information on local and state resources to assist the Member in the transition process. Transition planning must include the following activities:

- 1. Development of a continuity of care plan for transitioning Medicaid services and benefits from STAR Kids to the STAR+PLUS Medicaid managed care model without a break in service.
- 2. Prior to the age of 10, the Health Plan must inform the Member and the Member's LAR regarding LTSS programs offered through the Department of Aging and Disability Services (DADS) and, if applicable, provide assistance in completing the information needed to apply. DADS LTSS programs include CLASS, DBMD, TxHmL, and HCS.
- 3. Beginning at age 15, the Health Plan must regularly update the ISP with transition goals.
- 4. Coordination with DARS to help identify future employment and employment training opportunities.
- 5. If desired by the Member or the Member's LAR, coordination with the Member's school and Individual Education Plan (IEP) to ensure consistency of goals.
- 6. Health and wellness education to assist the Member with Self-Management.
- 7. Identification of other resources to assist the Member, the Member's LAR, and others in the Member's support system to anticipate barriers and opportunities that will impact the Member's transition to adulthood.
- 8. Assistance applying for community services and other supports under the STAR+PLUS program after the Member's 21st birthday.
- 9. Assistance identifying adult healthcare providers.



# Coordination with Non-Medicaid Managed Care Covered Services (Non-Capitated Services)

### **Medicaid Non-Capitated Services**

The following Texas programs, services, or benefits have been excluded from Texas Children's Health Plan Covered Services. Members may be eligible to receive these Non-capitated Services on another basis, such as a Fee-for-Service basis or through a Dental Health Plan (for most dental services). For more information the Provider can go to Texas Medicaid Provider Procedures Manual (TMPPM).

- Texas Health Steps dental (including orthodontia)
- Texas Health Steps environmental lead investigation (ELI)
- Early Childhood Intervention (ECI) targeted case management/service coordination
- Early Childhood Intervention Specialized Skills Training
- Case Management for Children and Pregnant Women
- Texas School Health and Related Services (SHARS)
- Department of Assistive and Rehabilitative Services (DARS) Blind Children's Vocational Discovery and Development Program
- Tuberculosis services provided by Department of State Health Services (DSHS-approved Providers (directly observed therapy and contact investigation)
- Health and Human Services Commission's Medical Transportation Program

The Medical Transportation Program (MTP) provides transportation services to Medicaid eligible clients that have no other means of transportation. MTP may also pay for an attendant if a provider documents the need, the member is a minor, or there is a language barrier. MTP can reimburse gas money if the member has an automobile but no funds for gas.

Depending on the client's medical need and location, MTP can arrange for transportation by mass transit, van service, taxi, or airplane. In addition, for clients under 21 years of age, MTP can assist with meals and lodging for medical services when an overnight stay is medically necessary.

For Houston/Beaumont Service Delivery Area (Austin, Brazoria, Chambers, Fort Bend, Galveston, Hardin, Harris, Jasper, Jefferson, Liberty, Matagorda, Montgomery, Newton, Orange, Polk, San Jacinto, Tyler, Walker, Waller and Wharton counties) call 1-855-687-4786, for all other areas call 1-877-633-8747.

- Department of Aging and Disability Services (DADS) hospice services
- DADS or DSHS HCBS Waiver Programs, including CLASS, DBMD, HCS, TxHmL and YES
- Court-Ordered Commitments to inpatient mental health facilities as a condition of probation
- PASRR screenings, evaluations, and specialized services

### Behavioral Health

### **Definition of Behavioral Health**

Behavioral health services are covered services for the treatment of mental and emotional disorders as well as chemical dependency disorders.

An emergency behavioral health condition is any condition, without regard to the nature or cause of the condition, which requires immediate intervention or medical attention. Without this emergency behavioral health treatment or intervention, members might present an immediate danger to themselves or others, or members may be incapable of controlling, knowing, or understanding the consequences of their actions.

Medically necessary behavioral health services are:

- Reasonable and necessary for the diagnosis or treatment of a mental health or chemical dependency disorder, or to improve, maintain, or prevent deterioration of functioning resulting from such a disorder
- In accordance with professionally accepted clinical guidelines and standards of practice in behavioral health care
- The most appropriate level or supply of service that can safely be provided
- Not omitted without adversely affecting the member's mental and/or physical health or the quality of care rendered
- Not experimental or investigative
- Not primarily for the convenience of the member or provider

The mental health priority populations are those individuals served by Texas Mental Health Mental Retardation (TXMHMR).

This group is defined as children and adolescents, under the age of 18, who exhibit severe emotional or social disabilities that are life-threatening or require prolonged intervention.

Also included in this group are adults who have severe and persistent mental illnesses such as schizophrenia, major depression, manic depressive disorder, or other severely disabling mental disorders that require crisis resolution or ongoing and long-term support and treatment.

### **Behavioral Health Covered Services**

Texas Children's Health Plan has a toll-free number for members to use on a 24-hour, 7-day-a-week basis, answered by health professionals who will assist in identifying an appropriate provider for the patient. STAR Kids members may call 1-800-731-8529. (The primary care provider is responsible for maintaining treatment records and obtaining a written medical record release from the member or a parent/legal guardian of the member before records can be released.)

Available behavioral health services include:

- Psychiatric assessment and referral services
- Individual, family, and group counseling
- Acute inpatient hospitalization
- Short-term residential
- Partial hospitalization
- Intensive outpatient/day treatment
- Medication evaluation and monitoring
- Referral for other community services
- Case management
- Off-site service (home-based, school-based, mobile crisis, home health)
- Residential Services

Texas Children's Health Plan is responsible for authorized inpatient Hospital services, this includes services provided in Freestanding Psychiatric Facilities.

### Primary Care Provider Requirements for Behavioral Health

Primary care providers must screen, evaluate, refer, and/or treat any behavioral health problems and disorders for Texas Children's Health Plan members. The primary care provider may provide behavioral health services within the scope of its practice. Timely and appropriate patient assessment and referral are essential components for the treatment of behavioral health issues and **excludes STAR Kids with dual eligibility**.

Texas Children's Health Plan has a comprehensive network of behavioral health service providers for the treatment of mental health and drug and alcohol abuse issues.

### Member Access to Behavioral Health Services

Texas Children's Health Plan has a toll-free number for members to use on a 24-hour, 7-day-a-week basis, answered by health professionals who will assist in identifying an appropriate provider for the patient. STAR Kids members may call 1-800-731-8529. The primary care provider is responsible for maintaining treatment records and obtaining a written medical record release from the member or a parent/legal guardian of the member before records can be released.

### Attention Deficit Hyperactivity Disorder (ADHD)

ADHD is a common behavioral disorder that begins in early childhood and can continue through adolescence and into adulthood. ADHD makes it difficult for a child to focus and pay attention. Some children may be hyperactive and have trouble being patient or sitting still. For those experiencing ADHD, levels of inattention, hyperactivity, and impulsive behaviors are greater than for other children in their age group. ADHD can make it hard for a child to do well in school, at home, or in the community. Adults may have difficulty staying on task at work or following instruction. There are effective ways of treating ADHD. Whether a child or adult, often individuals with ADHD respond to cognitive behavioral therapy. Furthermore, provider education and coaching of parents/guardians with an ADHD child or adolescent has shown to greatly improve symptoms by teaching ways to improve social structure and support system necessary for success. In some cases, along with counseling and education, medication may be needed to help a person with ADHD. A qualified in-network physician can help make that determination as well as recommend which medication would be best to help decrease the presenting symptoms. Once a medication is started, regular visits to the prescribing physician are necessary to monitor effectiveness and possible side effects. Lastly, a prescribed medication should never be stopped without first consulting the physician. The interventions discussed above are services covered by Texas Children's Health Plan and are readily available to those individuals who are experiencing ADHD. If ADHD is being considered, the best place to start is with the Primary Care Physician.

### **Health Home**

A Health Home provides services to STAR Kids in Health Home Services must include:

- Pediatric and obstetrical care
- Dental care
- Optometry services
- Behavioral health and speech and therapy services
- Patient self-management education
- Provider education
- Patient and family support (including authorized representatives)

#### Self Referral

Texas Children's Health Plan members may self refer to any in-network behavioral health provider. Please contact Texas Children's Health Plan for additional information at 832-828-1004 or toll free at 877-213-5508.

### **Primary Care Provider Referral**

A Texas Children's Health Plan primary care provider can call Texas Children's Health Plan at 832-828-1004 or toll free at 877-213-5508 to refer patients for behavioral health services or a Texas Children's Health Plan member may self refer, without referral from primary care provider, to any in-network behavioral health care provider. Texas Children's Health Plan provides information to members regarding how and where to obtain behavioral health services.

### Coordination Between Behavioral Health and Physical Health Services Consent for Disclosure of Information

Information concerning the diagnosis, evaluation, or treatment of a Texas Children's Health Plan member by a person licensed or certified to perform the diagnosis, evaluation, or treatment of any medical, mental, or emotional disorder, or drug abuse, is normally confidential information which the provider may disclose only to authorized persons. Family planning information is particularly sensitive and confidentiality must be assured for all clients, especially minors. Client information may only be released after the client provides a written release of information.

Medical Records documentation and referral information are required to document when using the most current Diagnostic and Statistical Manual of Mental Disorders (DSM) classifications.

### **Court-Ordered Commitments**

Texas Children's Health Plan must provide inpatient or outpatient psychiatric services to Members under the age of 21 who have been ordered to receive the services by a court of competent jurisdiction under the provisions of Texas Health and Safety Code Chapters 573 and 574, relating to Court-Ordered Commitments to inpatient mental health facilities. Texas Children's Health Plan is not obligated to cover placements as a condition of probation, authorized by the Texas Family Code. These placements are Non-capitated Services.

Texas Children's Health Plan cannot deny, reduce or controvert the Medical Necessity of inpatient mental health services provided pursuant to a Court-ordered Commitment for Members under the age of 21. Any modification or termination of services must be presented to the court with jurisdiction over the matter for determination.

A Member who has been ordered to receive treatment under Texas Health and Safety Code Chapter 573 or 574 can only appeal the commitment through the court system.

### Coordination with Local Mental Health Authority and State Psychiatric Facilities

The Local Mental Health Authority (LMHA) functions to perform assessments to determine eligibility for rehabilitative and targeted Mental Health and Mental Retardation (MHMR) case management services. Providers of outpatient behavioral health services who believe their Texas Children's Health Plan member qualifies for targeted case management or rehabilitation services through the LMHA may refer to the LMHA office nearest to the member. The member will be assessed to determine if he/she meets criteria for Severe and Persistent Mental Illness (SPMI) or Severe Emotional Disturbance (SED).

For STAR Kids members, Texas Children's Health Plan Service Coordinator can assist in:

- Referring or arranging for referrral of Members to LMHAs for assessment and services, as appropriate
- Referring Members to the LMHA for IMD level of care determination for CFC
- Collaborating with the LMHA to arrange for community based services needed to support the Member in lieu of or following inpatinent hospitalization

### Assessment Instruments for Behavioral Health

Texas Children's Health Plan providers must use the current Diagnostic and Statistical Manual of Mental Disorders (DSM) multi-axial classification and report axes for the assessment of behavioral health/mental health diagnoses. This information as well as assessment/outcome information is to be documented in the member's medical record. Behavioral health/mental health assessment tools include the:

- PSC-Y Pediatric Symptom Checklist for Youth (Assessment of depression, anxiety, ADHD, conduct disorder, oppositional defiant disorder and suicidality. For ages 11–18. Available at Teenscreen website below.
- PHQ-9 Patient Health Questionnaire (Depression and Suicidality) available at Teenscreen website below.

- CRAFFT for adolescents and adults (Substance Abuse Questionnaire): Available at Teenscreen website below.
- For the PSC-Y, PHQ-9 and CRAFFT assessments in English and in Spanish please visit http://www.teenscreen.org/ programs/ primary-care/begin screening/.
- Brief Psychiatric Rating Scale (BPRS)—(Ages 17 and older) can be downloaded from http://imaging.ubmmedica.com/all/editorial/psychiatrictimes/pdfs/2012/clinical-scales-bprs-form.pdf
- Global Assessment Functioning Scale (GAF)—Scores for patients of all ages (scores are to be documented upon admission and upon discharge or every 3 months during treatment).
- Behavioral health providers are required to refer members with physical health problems to their primary care provider for treatment. Members must also obtain lab and ancillary tests for behavioral health conditions at participating provider locations.

### Behavioral Health Focus Studies and Utilization Management Reporting

Texas Children's Health Plan will gather information from the following sources for UM/QI reports:

- Modified HEDIS measures performed on 100 percent of submitted claims/encounters. The data is obtained through medical records data, medical records data, and provider and member surveys
- Randomly selected member records
- Encounter/claims data as submitted on HCFA 1500 or UB-92 format

Provider profiling will be completed and will be made available to the provider. Texas Children's Health Plan is contractually required to inform and include all providers in Health Plan quality reporting and activities including provider and member surveys.

### Follow-up and Missed Appointments

Texas Children's Health Plan members admitted to an acute psychiatric facility are required to have two follow-up appointments with an in-network Behavioral Health Provider. The first within seven days and the second within thirty days. Prior to the discharge, or immediately after, each member is contacted by a Behavioral Health Case Manger to ensure each appointment is scheduled. If not, the Behavioral Health Case Manger will assist the member in scheduling the appointments. Should the member require transportation assistance, a Behavioral Health Case Manager will advise on scheduling this service at no cost. Notably, members discharged from an acute setting are often prescribed one or more psychotropic medications which require monitoring and refills. In the event a member misses either required visit, a Behavioral Health Case Manager will telephonically contact the member to inquire. Once reached, the Behavioral Health Case Manger will assist with rescheduling.

### **Behavioral Health Value-Added Services**

Additional Transportation- If transportation is a barrier to attending medical visits, Texas Children's Health Plan will, upon verification of medical appointments, arrange for transportation through taxi services, wheelchair VAC, or other non-medical transportation services. If member has access to private vehicle transportation, Texas Children's Health Plan may offer a prepaid gasoline card to reimburse for mileage. The dollar amount for gasoline reimbursement will be calculated on mileage for the trip but not to exceed \$20 dollars per round trip. Some exceptions to increased amounts about \$20 may be made for members who live in rural areas with high distances to travel.

**Caregiver Respite Care Services-** Texas Children's Health Plan understands that being a family caregiver for a special needs child is a heavy responsibility and is taxing both physically and emotionally. There are times when the family member who carries that burden simply needs a short break to recover. While respite care is a limited benefit for Members with MDCP and waiver programs, the children covered under SSI do not have such a benefit. Therefore, in support of those families, Texas Children's Health Plan proposes to offer eight hours of in-home respite services as an extension of their home and community-based services.

**Smoking Cessation Benefits-** Texas Children's Health Plan is offering smoking cessation benefits as a value-added service for STAR Kids Members because we understand the importance of a smoke-free environment for children. Up to \$50 above the basic benefit – for nicotine replacement products including over the counter and prescription items.

Health coaching, education and referral to approved programs offered free of charge to tobacco dependent parents of all members that agree to coaching.

**Parent Training-** Texas Children's Health Plan understands that being a caregiver for a special needs child is a heavy responsibility, one that is taxing both physically and emotionally. Parent training programs can be critical in helping a caregiver understand the needs of their child as well as provide a valuable support system. Texas Children's Health Plan is offering accredited parent training seminars on a variety of topics from which parents of STAR Kids Members may choose. Topics include caring for children with certain diagnoses, such as ADHD or Autism; navigating special education opportunities and services; and parent training on advocating for children with intellectual or developmental disabilities. Parents may attend any accredited seminar.

**Post Hospitalization Follow-Up Visit Incentive-** STAR Kids members may receive a gift card for substantiating a follow up visit post hospitalization. The follow up visit must be rendered within 7-14 days of discharge from the hospital. A receipt of the follow up visit card must be returned by the member in order to receive the gift card. The cards are sent to the member by the Health Plan. On the card, the doctor states the follow up visit date, hospital discharge date, with member's name, date of birth and ID number, and physician signature. The member must be an active member at the time of verification.

A post hospitalization visit card is sent after hospital discharge to Texas Children's Health Plan STAR Kids members: There is a tear off portion for the member to have their doctor sign at the follow up visit. Then the member sends that card back in to Texas Children's Health Plan. Once received by Texas Children's Health Plan the gift card is mailed.

### **Behavioral Health Emergencies**

Emergency services may be delivered at network or non-network sites. The Health Plan contracts with mobile outreach services and specialized Behavioral Health facilities as well as emergency rooms to deliver emergency behavioral services. Texas Children's Health Plan network services are available 24 hours a day without restrictions or preauthorization requirements. We accept the emergency Provider's determination of stability related to transfer or discharge providing approval to post-stabilization care services as necessary in compliance with Federal and State regulation. Texas Children's Health Plan assists in coordination of inpatient admission if needed as well as follows the Member to support implementation of the discharge plan of care and to ensure successful transition to community-based services.

In addition to Member and Family education through the Member Handbook, Member newsletters, and Health Plan website, Texas Children's Health Plan Service Coordinators, with input from the care team, also provide direct and individualized training and support to the Member and their support network specific to responding to emergencies. The primary tool for this support is the person-centered crisis plan developed with the Member and their support network. Through the crisis planning process, potential triggers to emergency events are identified and Members and support persons are engaged to determine interventions that are realistic and have shown to be successful for the Member in the past. Additional resources for preventing and managing crises are also introduced and discussed for inclusion in the plan. Ownership of the plan by both the Member and their support network fosters responsibility in management of their outcomes and provides education on strategies for seeking support early when a Member's condition first begins to decompensate. The crisis plan is communicated to everyone on the treatment team and provided to the Member's support network for easy access and availability for periodic review.

### Substance Use Disorder and Specialized Service Coordination

Substance use disorder includes substance abuse and dependence as defined by the current Diagnostic and Statistical Manual of Mental Disorders (DSM).

 Texas Children's Health Plan will provide specialized Service Coordination to Members with a substance use disorder. Texas Children's Health Plan will work with Providers, facilities, and Members to coordinate care for Members with a substance use disorder and to ensure Members have access to the full continuum of Covered Services (including without limitation assessment, detoxification, residential treatment, outpatient services, and medication therapy) as medically necessary and appropriate. Texas Children's Health Plan will also coordinate services with DSHS, DFPS, and their designees for Members requiring Non-Capitated Services. Non-Capitated Services include, without limitation, services that are not available for coverage under this STAR Kids Program, State Plan, or Waiver that are available under the Federal Substance Abuse and Prevention and Treatment block grant when provided by a DSHS-funded provider or covered by the DFPS under direct contract with a treatment provider. Texas Children's Health Plan will work with DSHS, DFPS, and providers to ensure payment for Covered Services is available to Out-of-Network Providers who also provide related Non-capitated Services when the Covered Services are not available through Network Providers.

### Mental Health Rehabilitative (MHR) Services and Targeted Case Management (TCM)

Mental Health Rehabilitative (MHR) Services are those age-appropriate services determined by HHSC and Federallyapproved protocol as medically necessary to reduce a Member's disability resulting from severe mental illness for adults, or serious emotional, behavioral, or mental disorders for children, and to restore the Member to his or her best possible functioning level in the community. Services that provide assistance in maintaining functioning may be considered rehabilitative when necessary to help a Member achieve a rehabilitation goal as defined in the Member's rehabilitation plan.

Mental Health Targeted Case Management (TCM) means services designed to assist Members with gaining access to needed medical, social, educational, and other services and supports. Members are eligible to receive these services based on a standardized assessment (the Child and Adolescent Needs and Strengths (CANS) or Adult Needs and Strengths Assessment (ANSA)) and other diagnostic criteria used to establish medical necessity.

Texas Children's Health Plan coordinates with a provider of mental health rehabilitation and mental health targeted case management to determine whether the Member meets an IMD level of care. Texas Children's Health Plan develops a service plan identifying the needed Community First Choice services, as well as any additional services the Member may benefit from, including the MDCP waiver.

### Severe and Persistent Mental Illness (SPMI)

Severe and Persistent Mental Illness (SPMI) means a diagnosis of bipolar disorder, major clinical depression, schizophrenia, or another behavioral health disorder as defined by the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5) accompanied by:

- Impaired functioning or limitations of daily living (including personal grooming, housework, basic home maintenance, managing medications, shopping, or employment) due to the disorder, or
- Impaired emotional or behavioral functioning that interferes substantially with the Member's capacity to remain in the community without supportive treatment or services.

#### Severe Emotional Disturbance (SED)

SED's are a group of psychiatric disorders in children and adolescents which cause severe disturbances in behavior, thinking and feeling. Some serious emotional disorders are classified as mental illnesses. Children and adolescents generally have from two to four diagnoses.

#### Member Access to Benefits of MHR Services and TCM

For Members with an Intellectual or Developmental condition the Member must be eligible for Medicaid and meet an institutional level of care for an Intermediate Care Facility for Individuals with an Intellectual Disability or Related Conditions (ICF/IID) to quality for Community First Choice services. The Local IDD Authority (LIDDA) conducts the eligibility assessment to determine eligibility and sends that assessment to HHSC's Administrative Services Contractor for a determination. The LIDDA completes the Determination of Intellectual Disability (DID) and Intellectual Disability Related Condition (ID/RC) assessments.

Providers of MHR services and TCM services must use and be trained and certified to administer the Child and Adolescent Needs and Strengths (CANS) assessment tool for members between the ages of 0-18 years of age and the Adult Needs Strength Assessment (ANSA) for members 19 and 20.

Providers must use the Department of State Health Services Resiliency and Recovery Utilization Management Guidelines (RRUMG).

Attestation from Provider entity to the Health Plan that organization has the ability to provide, either directly or through subcontract, the Members with the full array of MHR and TCM services as outlined in the RRUMG.

HHSC has established qualifications and supervisory protocols for providers of MHR and TCM Services.

### **Provider Requirements**

Providers of MHR services and TCM services must use and be trained and certified to administer the Child and Adolescent Needs and Strengths (CANS) assessment tool for members between the ages of 0-18 years of age and the Adult Needs Strength Assessment (ANSA) for members 19 and 20.

Providers must use the Department of State Health Services Resiliency and Recovery Utilization Management Guidelines (RRUMG).

Attestation from Provider entity to Health Plan that organization has the ability to provide, either directly or through subcontract, the Members with the full array of MHR and TCM services as outlined in the RRUMG.

HHSC has established qualifications and supervisory protocols for providers of MHR and TCM Services.

### **Quality Management**

### **Clinical Practice Guidelines**

Texas Children's Health Plan will adopt not less than two evidence-based clinical practice guidelines. These practice guidelines must be based on valid and reliable clinical evidence, consider the needs of the Health Plan's Members, be adopted in consultation with contracting health care professionals, and be reviewed and updated periodically, as appropriate. The Health Plan will develop practice guidelines based on the health needs and opportunities for improvement identified as part of the Quality Assurance Provider Incentive (QAPI) Program.

The Health Plan may coordinate the development of clinical practice guidelines with other STAR Kids Health Plans so that Service Area Providers do not receive conflicting practice guidelines from different Health Plans.

Texas Children's Health Plan will make available the practice guidelines to all affected Providers and, upon request, to Members and potential Members. The guidlines can be found on the website at TexasChildrensHealthPlan.org.

The Health Plan will take steps to encourage adoption of the guidelines, and to measure compliance with the guidelines, until 90 percent or more of the Providers are consistently in compliance, based on the Health Plans measurement findings. The Health Plan will employ substantive Provider motivational incentive strategies, such as financial and non-financial incentives, to improve Provider compliance with clinical practice guidelines. The Health Plans decisions regarding Utilization Management, Member education, coverage of services, and other areas included in the practice guidelines must be consistent with the Health Plan clinical practice guidelines.

### Behavioral Health Focus Studies and Utilization Management Reporting

Texas Children's Health Plan will gather information from the following sources for UM/QI reports:

- Modified HEDIS measures performed on 100 percent of submitted claims/encounters. The data is obtained through medical records data, provider, and member surveys
- Randomly selected member records
- Encounter/claims data as submitted on HCFA 1500 or UB-92 format
- Provider profiling will be completed and will made be available to the provider. Texas Children's Health Plan is contractually required to inform and include all providers in Health Plan quality reporting and activities including provider and member surveys.



### **General Responsibilities**

### Primary Care Provider Responsibilities (Medical Home) Responsibilities

Primary care provider (medical home) responsibilities excludes STAR Kids dual eligible member.

Texas Children's Health Plan Network may include Providers from any of the following practice:

- 1. General Practice
- 2. Family Practice
- 3. Internal Medicine
- 4. Pediatrics
- 5. Obstetric/Gynecology (OB/GYN)
- 6. Advance Practice Registered Nurses (APRNs)
- 7. Physician Assistants (PAs)
- 8. Federally Qualified Health Centers (FQHCs)
- 9. Rural Health Clinics (RHCs), and similar community clinics; and
- 10. Specialists physicians who are willing to provide a Health Home to selected Members with special needs and conditions

Texas Children's Health plan require PCPs to coordinate with members, Caregivers other Providers, STAR Kids Service Coordinators, and state and non-state entities to assure that the Member's medical and behavioral health needs are met. Other PCP requirements include screening, identification, and referral to Medically Necessary or Functionally Necessary Covered Services and assessment and coordination of non-clinical services that impact the Member's health. Texas Children's Health Plan must ensure that all STAR Kids PCPs provide patient- and family-centered care that serves the goals of improving Member care, outcomes and satisfaction.

An internist or other Provider who provides primary care to adults only is not considered an age-appropriate PCP choice for a Member. An internist or other Provider who provides primary care to adults and children may be a PCP for children if:

- 1. The Provider assumes all Texas Children's Health Plan responsibilities for such child Members in a specific age range from birth through age 20
- 2. The Provider has a history of practicing as a PCP for the specified age range, as evidenced by the Provider's primary care practice including an established patient population within the specified age range, and
- 3. The Provider has admitting privileges to a local Hospital that includes admissions to pediatric units

### Differences between PCP and Health Home

A Health Home must provide an array of services and supports, outlined below, that extend beyond what is required of a PCP. The PCP may be a specialist physician who agrees to provide PCP services to the Member. The specialist physician must agree to perform all PCP duties required in the Contract and such PCP duties must be within the scope of the specialist's license. The Member or the Member's LAR may initiate the request through Texas Children's Health Plan for a specialist to serve as a PCP for the Member. Texas Children's Health Plan must process such requests in accordance with 28 Tex. Admin. Code § 11.900. Specialists may limit the number of Members for whom they will serve as a PCP

Texas Children's Health Plan must provide access to a Health Home to any Member the Plan determines would most benefit from a Health Home or for any Member who requests a Health Home. STAR Kids Health Homes must operate through either a primary care practice or, if appropriate, a specialty care practice and must provide a team-based approach to care that is designed to enhance ease of access, coordination between Providers, and quality of care.

Health Home services must be part of a person-based approach and holistically address the needs of persons with multiple chronic conditions or a single serious and persistent mental or health condition.

Health Home services must include:

- Patient self-management education
- Provider education
- Patient-centered and family-centered care
- Evidence-based models and minimum standards of care; and
- Patient and family support (including authorized representatives)

Health Home Services may also include:

- 1. A mechanism to incentivize providers for provision of timely and quality care;
- 2. Implementation of interventions that address the continuum of care;
- 3. Mechanisms to modify or change interventions that are not proven effective;
- 4. Mechanisms to monitor the impact of the Health Home Services over time, including both the clinical and the financial impact;
- 5. Comprehensive care coordination and health promotion;
- 6. Palliative care options in the event of a life-limiting diagnosis;
- 7. Comprehensive traditional care, including appropriate follow-up, from inpatient to other settings;
- 8. Data management focused on improving outcome-based quality
- 9. Referral to community and social support services, if relevant; and
- 10. Use of health information technology to link services, as feasible and appropriate

### Availability and Accessibility

Texas Children's Health Plan PCPs are encouraged to offer primary care services during evening and weekend hours.

The following are acceptable and unacceptable telephone arrangements for contacting PCPs after their normal business hours.

Service	Texas Children's Health Plan Response Standard
Emergency	Upon member presentation at service delivery site, including non-network and out-of-area facilities
Urgent care, including urgent specialty care	Provided within 24 hours of request
Routine primary care	Provided within 14 days of request
Routine specialty care referrals	Provided within 30 days of request
Initial outpatient behavioral health visit	Provided within 14 days of request
Routine prenatal care	Provided within 14 days of request or immediately if an emergency exists
Prenatal care for high-risk pregnancies or new members in third trimester	Appointment offered within 5 days, or immediately if an emergency exists
Preventive health care services for children	Offered in accordance with Texas Health Steps Periodicity Schedule
Newborns	In no case later than 14 days of enrollment of Texas Health
	Steps Periodicity Schedule
Existing member overs 36 months annual checkup within 364 days of birthday	Provided within 90 days of request
Initial outpatient behavioral health visits upon discharge from an inpatient psychiatrist setting	Provided within 7 days of request
New member	Provided within 90 days of request
Community-based services for Non-MDCP STAR Kids waiver members	Initiated 7 days from the date the MCO authorizes services unless the referring provider or member states otherwise

### Acceptable After-hours Coverage

- 1. The office telephone is answered after-hours by an answering service, which meets language requirements of the Major Population Groups and which can contact the PCP or another designated medical practitioner. All calls answered by an answering service must be returned within 30 minutes;
- 2. The office telephone is answered after normal business hours by a recording in the language of each of the Major Population Groups served, directing the patient to call another number to reach the PCP or another Provider designated by the PCP. Someone must be available to answer the designated Provider's telephone. Another recording is not acceptable; and
- 3. The office telephone is transferred after office hours to another location where someone will answer the telephone and be able to contact the PCP or another designated medical practitioner, who can return the call within 30 minutes.

### **Unacceptable After-hours Coverage**

- 1. The office telephone is only answered during office hours;
- 2. The office telephone is answered after-hours by a recording that tells patients to leave a message;
- 3. The office telephone is answered after-hours by a recording that directs patients to go to an Emergency Room for any services needed; and
- 4. Returning after-hours calls outside of 30 minutes.

All Texas Children's Health Plan Primary Care Providers (PCP), will provide children birth through age 20 with preventive services in accordance with the Texas Health Steps periodicity schedule. For those adult members over age 18, PCPs are required to provide preventitive services in accordance with the U.S. Preventitive Services Task Force requirements.

### This section does not apply to Dual Eligible Members.

### **Reporting Updates to Contact Information**

Providers have a minimum of 30 calendar days to inform Texas Children's Health Plan of any changes to the provider data listed above. Changes not received in writing are not valid. If Texas Children's Health Plan is not informed within the aforementioned time frame, Texas Children's Health Plan and its designated claims administrator are not responsible for the potential claims processing and payment errors. Notification of change should be made to Texas Children's Health Plan Provider and Care Coordination.

Network providers must also notify Health and Human Services Commission's administrative services contractor of any change that involves the provider's address.

Please contact Texas Children's Health Plan Provider Relations in writing to report any of the following changes:

- Name
- Address
- Office hours
- Coverage procedures
- Corporate number
- Telephone number
- Specialty change
- Tax ID number
- DEA number

- DPS number
- Permit to practice
- Professional liability insurance coverage
- Limits placed on practice
- Status of hospital admission privileges
- Contract status change
- Opening/closure of panel
- Patient age limitations
- ber Other information that may affect current contracting relationship.

### **Plan Termination**

A primary care provider who elects to terminate Texas Children's Health Plan participation must notify Texas Children's Health Plan in writing or his/her respective IPA, if applicable, who in turn notifies Texas Children's Health Plan Provider Relations by fax or certified letter. Upon receipt, all terminations are subject to the terms and conditions of the provider's contract with Texas Children's Health Plan or the IPA. Texas Children's Health Plan will notify the member in writing 30 days prior to the effective day of change. This request will become effective the first day of the month following requests that have been received by the 15th of the month. Requests received after the 15th of the month will become effective on the first day of the second month following the request. This allows Texas Children's Health Plan to efficiently transfer patients to another primary care provider. Physicians are requested to continue care in progress until all members can be successfully transferred to a new primary care provider.

### Member Education about Member's Right to Designate an OB/GYN as their Primary Care

Texas Children's Health Plan members are informed that they have the right to select an OB/GYN without a referral from their primary care provider. Texas Children's Health Plan members may access the health services of an OB/GYN for their annual well woman exam, prenatal care, female medical conditions, and specialist referrals within the network.

Texas Children's Health Plan members have the right to designate their OB/Gyn as their Primary Care if the OB/Gyn accepts that responsibility.

### STAR Kids Dual Eligible Members are excluded.

### Specialist Functioning as Primary Care Provider

Specialist physicians may be designated to function as primary care provider for a member with disabilities, special health care needs, or unstable chronic conditions who requires a level of service coordination and technology that is beyond the scope and role of a general practitioner. Texas Children's Health Plan's designation of a specialist functioning as primary care provider requires prior authorization by completing the Primary Care by Specialist Request Form located on the Texas Children's Health Plan website at www.TexasChildrensHealthPlan.org and click on the *Downloadable Forms* link under the Providers section.

The application must:

- Include information specified by Texas Children's Health Plan and certification of the medical need.
- Be signed by the member and the non-primary care physician specialist interested in serving as the member's primary care physician.

The non-primary care physician specialist requesting to function as the member's primary care physician must certify and adhere to the following:

- Have demonstrated expertise in treating a particular disease and/or condition.
- Agree to abide by Texas Children's Health Plan policies and procedures.
- Agree to accept the responsibility to coordinate all of the member's health-care needs including preventive care examinations, immunizations, and treatment of minor intercurrent illness.
- Agree to provide 24-hour, 7-day-a-week on-call coverage through a system staffed by other similarly qualified physicians.

Upon receipt of the completed form:

- The Medical Director will evaluate the non-primary care physician specialist's credentials to ensure he or she meets the primary care physician criteria.
- The Medical Director consults and communicates directly with both the original primary care physician and the nonprimary care physician specialist functioning as the primary care provider to explore and suggest other alternatives.

STAR Kids Dual Eligible Members are excluded.

### Member Education about Member's Right to Eye Health Care Services

Texas Children's Health Plan allows a member to select and have access to, without a primary care provider referral, a network ophthalmologist or therapeutic optometrist to provide eye health care services other than surgery.

### Members' Right to Choose a Texas Children's Health Plan Network Pharmacy

Texas Children's Health Plan allows a member to select and have access to any pharmacy in the Texas Children's Health Plan network. Texas Children's Health Plan has an arrangement with Navitus Health Solutions, a pharmacy benefit management company to administer pharmacy benefits for the STAR Kids program. For questions related to pharmacy, members should contact Texas Children's Health Plan Member Services at 1-866-959-2555. For additional information please see the Role of Pharmacy in the Introduction section of this manual.

#### **Member Information about Advance Directives**

With advances in medical technology, physicians and the health care team have the ability to save the life of a person who would not otherwise have the chance to live. While this is a benefit to many people, it has also caused problems for the patients and/or families of those who are terminally ill or have irreversible injuries. By prolonging their life, it also prolongs the process of dying.

A member has the right to make decisions about their treatment in the event that the member is not able to make those decisions at the time they are needed. The member's wishes can be recorded on a document called a "Directive to Physician" or indicated by providing a "Medical Power of Attorney."

A member has the right to declare preferences or provide directions for mental health treatment including electroconvulsive or other convulsive treatment and treatment of mental illness with psycho-active medication as defined by the Health and Safety Code as well as emergency mental health treatment. The member can create a document called a "Declaration for Mental Health Treatment." All Texas Children's Health Plan members have the right to informed choices and to refuse treatment or therapy.

### Member Information about Advance Directives (continued)

Texas Children's Health Plan members have the right to be informed of their health condition, diagnosis, prognosis, and the expected results and associated risks of certain diagnostic, treatment, and therapeutic choices. Texas Children's Health Plan recognizes the right of every individual to self-determination concerning his/her own body. This right may prevail even when the decision of the individual is considered to be unwise or contrary to the individual's best medical interest. Texas Children's Health Plan physicians have a duty to respect this right and must work within the scope of authorized patient consent. Any time there are risks involved, participating physicians should obtain the informed consent of the member, in addition to the required permissive consent. Texas Children's Health Plan strongly recommends that providers encourage members to complete an advanced directive.

### **Referral to Specialists and Health-related Services**

Primary care providers act as the gatekeeper for health care provided to Texas Children's Health Plan members both within and outside of the primary care provider's office. The primary care provider has the primary responsibility for arranging and coordinating appropriate referrals to other providers/specialists as well as managing and coordinating the administrative functions related to the delivery of health services in conjunction with Texas Children's Health Plan and case managers as indicated.

The primary care provider or designee may make medically necessary referrals to specialists for family planning, mental health and emergency services without authorization from Texas Children's Health Plan.

### STAR Kids Dual Eligible Members are excluded.

### How to Help Member Find Dental Care

The Dental Plan Member ID card lists the name and phone number of a Member's Main Dental Home provider. The Member can contact the dental plan to select a different Main Dental Home provider at any time. If the Member selects a different Main Dental Home provider, the change is reflected immediately in the dental plan's system, and the Member is mailed a new ID card within 5 business days.

If a Member does not have a dental plan assigned or is missing a card from a dental plan, the Member can contact the Medicaid/CHIP Enrollment Broker's toll-free telephone number at 1-800-964-2777.

### Primary Care Provider Requirements for Behavioral Health

Primary care providers must screen, evaluate, refer, and/or treat any behavioral health problems and disorders for Texas Children's Health Plan members. The primary care provider may provide behavioral health services within the scope of its practice. Timely and appropriate patient assessment and referral are essential components for the treatment of behavioral health issues. Texas Children's Health Plan has a comprehensive network of behavioral health service providers for the treatment of the treatment of mental Health and drug and alcohol abuse issues.

### STAR Kids Dual Eligible Members are excluded.

### **Referral to Network Facilities and Contractors**

Authorizations for referrals to in-network specialists are not required. It is recommended that a primary care provider check with Texas Children's Health Plan Member Services to confirm specialist network status. Texas Children's Health Plan does not need a copy of the referral form.

The primary care provider is expected to refer Texas Children's Health Plan members to Texas Children's Health Plan providers, as needed, for behavioral health services. If a primary care provider is unsure that their patient requires behavioral health services, the primary care provider is encouraged to refer the patient to a behavioral health specialist to make that assessment by calling 832-828-1004 or toll free at 1-877-213-5508. Texas Children's Health Plan members may self-refer to behavioral health providers for treatment. The behavioral health provider must attempt to obtain a release of information from the Texas Children's Health Plan member to allow the behavioral health provider and primary care provider to share this information. To authorize services, please call 832-828-1004 or toll free at 1-877-213-5508 or fax to 832-825-8760.

### Members' Right to a Second Opinion

Texas Children's Health Plan members may access a second opinion regarding any health care service. A member must be allowed access to a second opinion from a network provider or out-of-network provider, if a network provider is not available, at no additional cost to the member.

#### **Specialty Care Provider Responsibilities**

Specialists are responsible for furnishing medically necessary services to Texas Children's Health Plan members who have been referred by their primary care provider for specified consultation, diagnosis, and/or treatment. The specialist must communicate with the primary care provider regarding services rendered, results, reports, and recommendations. To ensure continuity of care, all medical record documentation of services rendered to the patient should be forwarded to the primary care provider. The specialist should also respond to requests from the Texas Children's Health Plan Utilization Management Program for pertinent clinical information that assists in providing a timely authorization for treatment. To obtain prior authorization for required services, please call 832-828-1004 or toll free at 1-877-213-5508 or fax to 832-825-8760. Provider will maintain such offices, equipment, patient services personnel, and allied health personnel as may be necessary to provide contracted services. If the provider is a specialty care physician, the provider will ensure that contracted services are provided under this agreement at the specialty care physician's office during normal business hours, and be available to beneficiaries by telephone 24 hours a day, 7 days a week for consultation on medical concerns.

### Availability and Accessibility

Texas Children's Health Plan members are assured timely access to services and availability of providers within the established standards, as noted below.

Service	Texas Children's Health Plan Response Standard
Emergency	Upon member presentation at service delivery site, including non-network and out-of-area facilities
Urgent care, including urgent specialty care	Provided within 24 hours of request
Routine primary care	Provided within 14 days of request
Routine specialty care referrals	Provided within 30 days of request
Initial outpatient behavioral health visit	Provided within 14 days of request
Routine prenatal care	Provided within 14 days of request or immediately if an emergency exists
Prenatal care for high-risk pregnancies or new members in third trimester	Appointment offered within 5 days, or immediately if an emergency exists
Preventive health care services for children	Offered in accordance with Texas Health Steps Periodicity Schedule
Newborns	In no case later than 14 days of enrollment of Texas Health Steps Periodicity Schedule
Existing member overs 36 months annual checkup within 364 days of birthday	Provided within 90 days of request
Initial outpatient behavioral health visits upon discharge from an inpatient psychiatrist setting	Provided within 7 days of request
New member	Provided within 90 days of request
Community-based services for Non-MDCP STAR Kids waiver members	Initiated 7 days from the date the MCO authorizes services unless the referring provider or member states otherwise

Responsibility to Verify Member Eligibility and/or Authorizations for Service

It is the responsibility of all treating providers to verify that the patient continues to be a Texas Children's Health Plan member throughout the treatment period. Verification of eligibility may be made by:

- Calling Texas Children's Health Plan Member Services at 832-828-1004 or toll free at 1-877-213-5508.
- Visiting Texas Children's Health Plan online at www.tchp.us/providers (Providers must fill out the Texas Children's Health Plan Secure Access Application to become an authorized user. For more information on Texas Children's Health Plan's secure access call Provider Relations at 832-828-1008.
- STAR Kids Providers can receive eligibility information by calling the STAR Kids Provider Eligibility Hotline Monday through Friday 8:00 AM to 5:00 PM (Central Time). Providers who call the hotline can speak with a customer service representative to confirm whether a child is a currently enrolled STAR Kids Member. The hotline number is 832-828-1004 or toll free at 1-877-213-5508.

### Texas Children's Health Plan Continuity of Care in the following situations:

**Pregnant women information**—Texas Children's Health Plan will take special care not to disrupt care in progress for newly enrolled members. Pregnant members with 12 weeks or less of their pregnancy remaining before expected delivery date will not be disrupted from their current OB/GYN provider (even if the provider is out of network) through the member's postpartum checkup. A member may change her OB/GYN if she requests.

**Member moves out of service area**—Texas Children's Health Plan requests that the member tell us in writing if they move, change their address or phone number, even if these changes are temporary. If a member moves out of the service area, they may no longer be eligible. Texas Children's Health Plan will provide or pay out-of-network providers who provide medically necessary covered services to members who move out of the service area through the end of the period for which capitation has been paid for the member.

### Texas Children's Health Plan does not impose any pre-existing condition limitations or exclusions or require evidence of insurability to provide coverage to any Texas Children's Health Plan STAR Kids member.

### **Out-of-Network Providers**

Texas Children's Health Plan ensure that the healthcare of newly enrolled Members is not disrupted, compromised, or interrupted. The Health Plan will take special care to provide continuity in the care of enrolled Members who are Medically Fragile and those whose physical or behavioral health could be placed in jeopardy if Medically Necessary Covered Services are disrupted, compromised, or interrupted.

Upon notification from a Member or Provider of the existence of a Prior Authorization, Texas Children's Health Plan will ensure Members receiving services through a Prior Authorization from either another Health Plan or FFS receive continued authorization of those services for the same amount, duration, and scope for the shortest period of one of the following: (1) 90 calendar days after the transition to Texas Children's Health Plan, (2) until the end of the current authorization period, or (3) until the Health Plan has appropriately evaluated and administered the STAR Kids Screening and Assessment Process and issued or denied a new authorization.

Texas Children's Health Plan will have Member's existing Out-of-Network Provider for services provided to a pregnant Member past the 24th week of pregnancy extend through delivery of the child, immediate postpartum care, and the follow-up checkup within the first 6 weeks of delivery.

### For Members active on the Operational Start Date

- a) Members receiving Community-Based Services on the STAR Kids Operational Start Date
- b) Member changes MCOs and has an existing prior authorization with their previous MCO
- c) Necessary, covered services are not available in-network
- d) Members receiving any other services on the STAR Kids Operational Start Date.

For members who, at the time of enrollment in the MCO, have been diagnosed with and are receiving treatment for a terminal illness and remains in the MCO will continue to receive out of network benefits for a period not to exceed 12 months.

For members who are effective with another MCO or a Waiver program on Operational Start Date, Texas Children's Health Plan will utilize the previous authorization from either the MCO or FFS and continue for a period of up to 6 months or until Texas Children's Health Plan has appropriately evaluated and administered STAR Kids screening and assessment process and issued or denied a new authorization.

#### **Medical Records**

Standards that medical records must reflect all aspects of patient care, including ancillary services. The use of electronic medical records must conform to the requirements of the Health insurance Portability and Accountability Act (HIPAA) and other federal and state laws.

### Justification Regarding Out-of-Network Referrals—

### Including Partners Not Contracted with Texas Children's Health Plan

The primary care provider may request out-of-network referrals for services which cannot be provided within the Texas Children's Health Plan network. Specialists must consult with the primary care provider in a timely manner if out-of-plan specialty referrals are needed. Again, specialty referrals include services which cannot be provided within the Texas Children's Health Plan network. All providers who deliver care to STAR Kids members must be an attested Texas Medicaid Provider.

The primary care provider submits authorization form by calling 832-828-1004 or toll free at 1-877-213-5508 or faxing to 832-825-8760. Texas Children's Health Plan's Medical Director or Utilization Management Program staff will review the clinical information and either authorize or deny the services according to the availability of such services within the Texas Children's Health Plan network and presenting pertinent clinical information. All denials are the responsibility of the Medical Director.

### **REPORTING ABUSE, NEGLECT, OR EXPLOITATION (ANE)**

### MEDICAID MANAGED CARE

### Report suspected Abuse, Neglect, and Exploitation:

Texas Children's Health Plan and providers must report any allegation or suspicion of ANE that occurs within the delivery of long-term services and supports to the appropriate entity. The managed care contracts include Texas Children's Health Plan and provider responsibilities related to identification and reporting of ANE. Additional state laws related to Texas Children's Health Plan and provider requirements continue to apply.

### Report to the Department of Aging and Disability Services (DADS) if the victim is an adult or child who resides in or receives services from:

- Nursing facilities;
- Assisted living facilities;
- Home and Community Support Services Agencies (HCSSAs) Providers are required to report allegations of ANE to both DFPS and DADS;
- Adult day care centers; or
- Licensed adult foster care providers

### Contact DADS at 1-800-647-7418.

### Report to the Department of Family and Protective Services (DFPS) if the victim is one of the following:

- An adult with a disability or child residing in or receiving services from one of the following providers or their contractors:
  - Local Intellectual and Developmental Disability Authority (LIDDA), Local mental health authority (LMHAs), Community center, or Mental health facility operated by the Department of State Health Services;
  - a person who contracts with a Medicaid managed care organization to provide behavioral health services;
  - a managed care organization;
  - an officer, employee, agent, contractor, or subcontractor of a person or entity listed above; and
  - An adult with a disability receiving services through the Consumer Directed Services option

Contact DFPS at 1-800-252-5400 or, in non-emergency situations, online at www.txabusehotline.org.

#### **Report to Local Law Enforcement:**

• If a provider is unable to identify state agency jurisdiction but an instance of ANE appears to have occurred, report to a local law enforcement agency and DFPS.

### Failure to Report or False Reporting:

- It is a criminal offense if a person fails to report suspected ANE of a person to DFPS, DADS, or a law enforcement agency (See: Texas Human Resources Code, Section 48.052; Texas Health & Safety Code, Section 260A.012; and Texas Family Code, Section 261.109).
- It is a criminal offense to knowingly or intentionally report false information to DFPS, DADS, or a law enforcement agency regarding ANE (See: Texas Human Resources Code, Sec. 48.052; Texas Health & Safety Code, Section 260A.013; and Texas Family Code, Section 261.107).
- Everyone has an obligation to report suspected ANE against a child, an adult that is elderly, or an adult with a disability to DFPS. This includes ANE committed by a family member, DFPS licensed foster parent or accredited child placing agency foster home, DFPS licensed general residential operation, or at a childcare center.

#### Mandatory Challenge Survey

Texas Children's Health Plan is required to systematically and regularly verify that Covered Services are available and accessible to Members and be in compliance. For Covered Services furnished by PCPs, the Health Plan must be in compliance.

Texas Children's Health Plan is required to develop and implement a mandatory challenge survey to verify Provider information and monitor adherence to Provider requirements. Texas Children's Health Plan will design the survey so that on a periodic, randomized basis, a Provider's input is required before accessing the Texas Children's Health Plan Provider portal functionalities. The challenge survey must include verification of the following elements:

- 1) Provider Name;
- 2) Address;
- 3) Phone Number;
- 4) Office Hours;
- 5) Days of Operation;
- 6) Practice Limitations;
- 7) Languages Spoken;
- 8) Provider Type / Provider Specialty;
- 9) Pediatric Services;
- 10) Wait Times for Appointment;
- 11) Closed or Open Panel (PCPs only); and
- 12) Texas Health Steps Provider (PCP only).

Texas Children's Health Plan will enforce access and other Network standards required by the Contract and take appropriate action with Providers whose performance is determined by the Health Plan to be out of compliance.

## Long Term Services and Supports

Long Term Services and Supports (LTSS) providers are responsible for, but not limited to, the following:

- Verifying member eligibility
- Obtaining precertification for services prior to provision of those services
- Coordinating Medicaid/Medicare benefits
- Notifying us of changes in members' physical condition or eligibility
- Collaborating with Texas Children's Health Plan's service coordinator in managing members' health care
- Managing continuity of care for STAR Kids members

#### **Community First Choice Provider Responsibilities**

- The CFC services must be delivered in accordance with the Member's service pla
- The program provider must maintain current documentation which includes the member's service plan, Intellectual Disability Related Condition (ID/RC) (if applicable), staff training documentation, service delivery logs (documentation showing the delivery of the CFC services), medication administration record (if applicable), and nursing assessment (if applicable)
- The HCS or TxHmL program provider must ensure that the rights of the Members are protected (ex. e.g., privacy during visitation, to send and receive sealed and uncensored mail, to make and receive telephone calls, etc.)
- The program provider must ensure, through initial and periodic training, the continuous availability of qualified service providers who are trained on the current needs and characteristics of the Member being served. This includes the delegation of nursing tasks, dietary needs, behavioral needs, mobility needs, allergies, and any other needs specific to the Member that are required to ensure the Member's health, safety, and welfare. The program provider must maintain documentation of this training in the Member's record.

- The program provider must ensure that the staff members have been trained on recognizing and reporting acts or suspected acts of abuse, neglect, and exploitation. The program provider must also show documentation regarding required actions that must be taken when from the time they are notified that a DFPS investigation has begun through the completion of the investigation (ex. e.g., providing medical and psychological services as needed, restricting access by the alleged perpetrator, cooperating with the investigation, etc.). The program provider must also provide the Member/LAR with information on how to report acts or suspected acts of abuse, neglect, and exploitation and the DFPS hotline. (1-800-647-7418).
- The program provider must address any complaints received from a Member/LAR and have documentation showing the attempt(s) at resolution of the complaint. The program provider must provide the Member/LAR with the appropriate contact information for filing a complaint.
- The program provider must not retaliate against a staff member, service provider, Member (or someone on behalf of a Member), or other person who files a complaint, presents a grievance, or otherwise provides good faith information related to the misuse of restraint, use of seclusion, or possible abuse, neglect, or exploitation.
- The program provider must ensure that the service providers meet all of the personnel requirements (age, high school diploma/GED OR competency exam and three references from non-relatives, current Texas driver's license and insurance if transporting, criminal history check, employee misconduct registry check, nurse aide registry check, OIG checks). For CFC ERS, the program provider must ensure that the provider of ERS has the appropriate licensure.
- For CFC ERS, the program provider must have the appropriate licensure to deliver the service.
- Per the CFR §441.565 for CFC, the program provider must ensure that any additional training requested by the Member/LAR of CFC PAS or habilitation (HAB) service providers is procured.
- The use of seclusion is prohibited. Documentation regarding the appropriate use of restrictive intervention practices, including restraints must be maintained, including any necessary behavior support plans.
- The program provider must adhere to the Health Plan's financial accountability standards.
- The program provider must prevent conflicts of interest between the program provider, a staff member, or a service provider and a Member, such as the acceptance of payment for goods or services from which the program provider, staff member, or service provider could financially benefit.
- The program provider must prevent financial impropriety toward a Member, including unauthorized disclosure of information related to a Member's finances and the purchase of goods that a Member cannot use with the Member's funds.

#### **Employment Assistance**

Providers must develop and update quarterly a plan for delivering employment assistance services. Employment Assistance means assistance provided to a STAR Kids member to help the member locate paid employment in the community.

Employment assistance includes:

- Identifying an individual's employment preferences, job skills, and requirements for a work setting and work conditions
- Locating prospective employers offering employment compatible with an individual's identified preferences, skills, and requirements
- Contacting a prospective employer on behalf of a member and negotiating the member's employment

#### Supported Employment

Providers must develop a plan and update it quarterly for delivering supported employment services. Supported Employment means assistance provided to a STAR Kids member in order to sustain paid employment to a member who, because of a disability, requires intensive, ongoing support to be self-employed, work from home or perform in a work setting at which members without disabilities are employed.

Supported Employment includes:

- Employment adaptations
- Supervision
- Training related to a member's diagnosis

Other services provided by job coaches include assisting with the application process, preparing for interviews, and working with the individual at the work site in order to learn the skills needed to succeed at his or her job. Job coaches are available to provide employers with suggestions on how to help integrate individuals into the work environment.

## **Pharmacy Provider Responsibilities**

Texas Children's Health Plan has an arrangement with Navitus Health Solutions, a pharmacy benefit management company, to administer pharmacy benefits for Texas Children's Health Plan STAR Kids members. For questions related to formulary, preferred drug list, billing, prescription overrides, prior authorizations, quantity limit, or formulary exceptions, please call Navitus at 1-866-333-2757 or access the Navitus website at www.navitus.com:

- Adhere to the formulary
- Adhere to the Preferred Drug List (PDL)
- Coordinate with the prescribing physician
- Ensure members receive all medications for which they are eligible
- Coordination of benefits when a member also receives Medicare Part D services or other insurance benefits

Drugs eligible for Texas Children's Health Plan reimbursement are listed in the current Texas Listing of National Drug Codes. Providers can find a list of preferred drugs at www.navitus.com through the provider portal or by calling 1-866-333-2757.

## **Coordination with Texas Department of Family and Protective Services**

Texas Children's Health Plan works with Texas Department of Family and Protective Services (DFPS) and foster parents to ensure that the at-risk population, both children in the custody and not in the custody of DFPS, receive the services they need. Children who are served by DFPS may transition into and out of Texas Children's Health Plan more rapidly and unpredictably than the general population, experiencing placements and reunification inside and out of the service area. During the transition period and beyond, providers must:

- Provide medical records to DFPS
- Schedule medical and behavioral health appointments within 14 days unless requested earlier by DFPS
- Refer suspected cases of abuse or neglect to DFPS

### **Routine, Urgent, and Emergent Services**

#### Definitions

#### **Emergent/Emergency Services**

Emergency services means covered inpatient and outpatient services furnished by a provider that is qualified to furnish such services under the contract and that are needed to evaluate or stabilize an emergency medical condition and/or and emergency behavioral health condition, including post-stabilization care services. Emergency medical condition means a medical condition manifesting itself by acute symptoms of recent onset and sufficient severity (including severe pain), such that a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical care could result in:

- Placing the patient's health in serious jeopardy
- Serious impairment to bodily functions
- Serious dysfunction of any bodily organ or part
- Serious disfigurement
- In the case of a pregnant woman, serious jeopardy to the health of a woman or her unborn child.

Emergency behavioral health condition means any condition, without regard to the nature or cause of the condition, which in the opinion of a prudent layperson possessing an average knowledge of health and medicine:

- Requires immediate intervention and/or medical attention without which members would present an immediate danger to themselves or others
- Which renders members incapable of controlling, knowing, or understanding the consequences of their actions

Emergency departments are authorized by Texas Children's Health Plan to provide medically necessary and appropriate treatment for any Texas Children's Health Plan member. If a Texas Children's Health Plan member needs to be admitted, the hospital must notify the Texas Children's Health Plan Utilization Management Program within 24 hours of the admission or the next business day, by either calling 832-828-1004 or by faxing the encounter record to 832-825-8760. The primary care provider should also be notified by the hospital about the admission within 24 hours or the next business day.

#### **Urgent Care Services**

Urgent condition means a health condition, including an urgent behavioral health situation that is not an emergency but is severe or painful enough to cause a prudent layperson, possessing the average knowledge of medicine, to believe that his or her condition requires medical treatment evaluation or treatment within 24 hours by the member's primary care provider or primary care provider designee to prevent serious deterioration of the member's condition or health.

#### **Routine Care Services**

Routine or preventive (non-emergent) is when postponement of treatment will not endanger life, limb, or mental faculties of patient. That is, a patient's condition permits adequate time to schedule necessary history and physical, laboratory, radiology, or other diagnostic studies on an outpatient basis.

Texas Children's Health Plan is committed to ensuring that members receive a timely and appropriate level of access to all levels of care—emergent, urgent, routine, and preventive. Medical home and specialty providers are expected to deliver care within the following timeframes.

### **Requirements for Scheduling Appointments**

#### **Availability and Accessibility**

Texas Children's Health Plan members are assured timely access to services and availability of providers within the established standards, as noted below.

Service	Texas Children's Health Plan Response Standard
Emergency	Upon member presentation at service delivery site, including non-network and out-of-area facilities
Urgent care, including urgent specialty care	Provided within 24 hours of request
Routine primary care	Provided within 14 days of request
Routine specialty care referrals	Provided within 30 days of request
Initial outpatient behavioral health visit	Provided within 14 days of request
Routine prenatal care	Provided within 14 days of request or immediately if an emergency exists
Prenatal care for high-risk pregnancies or new members in third trimester	Appointment offered within 5 days, or immediately if an emergency exists
Preventive health care services for children	Offered in accordance with Texas Health Steps Periodicity Schedule
Newborns	In no case later than 14 days of enrollment of Texas Health Steps Periodicity Schedule
Existing member overs 36 months annual checkup within 364 days of birthday	Provided within 90 days of request
Initial outpatient behavioral health visits upon discharge from an inpatient psychiatrist setting	Provided within 7 days of request
New member	Provided within 90 days of request
Community-based services for Non-MDCP STAR Kids waiver members	Initiated 7 days from the date the MCO authorizes services unless the referring provider or member states otherwise

### **Emergency Prescription Supply**

A 72-hour emergency supply of a prescribed drug must be provided when a medication is needed without delay and prior authorization (PA) is not available. This applies to all drugs requiring a prior authorization (PA), either because they are non-preferred drugs on the Preferred Drug List or because they are subject to clinical edits.

The 72-hour emergency supply should be dispensed any time a PA cannot be resolved within 24 hours for a medication on the Vendor Drug Program formulary that is appropriate for the member's medical condition. If the prescribing provider cannot be reached or is unable to request a PA, the pharmacy should submit an emergency 72-hour prescription.

A pharmacy can dispense a product that is packaged in a dosage form that is fixed and unbreakable, e.g., an albuterol inhaler, as a 72-hour emergency supply.

To be reimbursed for a 72-hour emergency prescription supply, pharmacies should submit the following information:

- "8" in "Prior Authoriztion Type Code" (Field 461-EV)
- "801" in "Prior Authorization Number Submitted" (Field 462-EV)
- "3" in "Days' Supply" (Field 405-D5, in the Claim segment of the billing transaction)
- The quantity submitted in "Quantity Dispensed" (Field 442-E7) should not exceed the quantity necessary for a threeday supply according to the directions for administration given by the prescriber. If the medication is a dosage form that prevents a three-day supply from being dispensed, e.g. an inhaler, it is permissible to indicate that the emergency prescription is a three-day supply, and enter the full quantity dispensed.

Call 1-877-908-6023 for more information about the 72-hour emergency prescription supply policy.

#### **Emergency Transportation—Ambulance**

Ambulance transport is an emergency service when the condition of the client is life-threatening and requires use of special equipment, life support systems, and close monitoring by trained attendants while en route to the nearest appropriate facility. Facility-to-facility transfers may be considered emergencies if an absence of immediate medical attention could result in serious ilmpairment, dysfunction, or failure of 1 or more organs or body parts and the required emergency treatment is not available at the first facility. Claims for such transport must document the aforementioned criteria.

#### Non-emergency Transportation—Medical Transportation

When a Texas Children's Health Plan member has a medical problem requiring treatment in another location and is so severely disabled that the use of an ambulance is the only appropriate means of transfer, the ambulance transport is a non-emergency service. Non-emergency transports for a Texas Children's Health Plan member with severe disabilities must be to or from a scheduled medical appointment. A round-trip transfer from the member's home to an outpatient or freestanding dialysis or radiation facility is covered only when the member meets the definition of severely disabled. Severely disabled means that the member's physical condition limits his/her mobility and requires the member to be bed-confined at all times, unable to sit unassisted at all times, or requires continuous life-support systems, including oxygen or IV infusion. A run sheet or other supporting documentation is required for non-emergency transportation and must clearly state the member's physical condition and severity at the time of the transfer. The run sheet must include the signature of the EMT transporting the client. Non-emergency transfers of members whose condition does not meet the severely-disabled criteria are not covered benefits.

#### **Requesting MTP Services**

Medical transportation services can be arranged for your members by calling 1-877-633-8747. Members should call at least 2 working days in advance of their appointment for routine trips or 5 working days in advance of their appointment for travel beyond the member's adjacent counties. Emergency or STAT requests may be honored if MTP has an available opening.

#### Medical Transportation Program (MTP)

The Medical Transportation Program (MTP) provides transportation services to Medicaid eligible clients that have no other means of transportation. MTP may also pay for an attendant if a provider documents the need, the member is a minor, or there is a language barrier. MTP can reimburse gas money if the member has an automobile but no funds for gas. Depending on the client's medical need and location, MTP can arrange for transportation by mass transit, van service, taxi, or Airplane. In addition, for clients under 21 years of age, MTP can assist with meals and lodging for medical services when an overnight stay is medically necessary.

#### **Transportation Value-Added Services**

Additional transportation—if transportation is a barrier to attending medical visits, Texas Children's Health Plan will, upon verification of medical appointments, arrange for transportation through taxi voucher or bus. If member has access to private vehicle transportation, Texas Children's Health Plan may offer a prepaid gasoline card to reimburse for mileage.

#### **Medicaid Emergency Dental Services**

Texas Children's Health Plan is responsible for emergency dental services provided to Medicaid Members in a hospital, free standing emergency room, or an ambulatory surgical center setting. We will pay for hospital, physician, and related medical services (e.g., anesthesia and drugs) including but not limited to:

- Treatment of a dislocated jaw, traumatic damage to teeth and supporting structures, removal of cysts;
- Treatment of oral abscess of tooth or gum origin; and
- Treatment and devices for correction of craniofacial anomalies and drugs.

#### **Medicaid Non-emergency Dental Services**

Texas Children's Health Plan is **not responsible** for paying for routine dental services provided to Medicaid Members. These services are paid through Dental Managed Care Organizations.

Texas Children's Health Plan is **responsible** for paying for treatment and devices for craniofacial anomalies, and of Oral Evaluation and Fluoride Varnish Benefits (OEFV) provided as part of a Texas Health Steps medical checkup for Members aged 6 through 35 months.

OEFV benefit includes (during a visit) intermediate oral evaluation, fluoride varnish application, dental anticipatory guidance, and assistance with a Main Dental Home choice.

- OEFV is billed by Texas Health Steps providers on the same day as the Texas Health Steps medical checkup.
- OEFV must be billed concurrently with a Texas Health Steps medical checkup utilizing CPT code 99429 with U5 modifier.
- Documentation must include all components of the OEFV. [MCO may describe components].
- Texas Health Steps providers must assist Members with establishing a Main Dental Home (see Attachment D) and document Member's Main Dental Home choice in the Members' file.

Texas Children's Health Plan is **responsible** for paying for treatment and devices for craniofacial anomalies.

#### Durable Medical Equipment and Other Products Normally Found in a Pharmacy

Texas Children's Health Plan reimburses for covered durable medical equipment (DME) and products commonly found in a pharmacy. For all qualified members, this includes medically necessary items such as nebulizers, ostomy supplies or bed pans, and other supplies and equipment. For children and young adults (birth through age 20), Texas Children's Health Plan also reimburses for items typically covered under the Texas Health Steps Program, such as prescribed over-the-counter drugs, diapers, disposable or expendable medical supplies, and some nutritional products including supplements and vitamins.

To be reimbursed for DME or other products normally found in a pharmacy for children (birth through age 20), a pharmacy must first enroll in our Network by contacting Navitus at 1-866-333-2757 or via e-mail at providerrelations@navitus.com. Pharmacies will submit pharmacy claims to Navitus. Call Navitus Provider line at 1-866-333-2757 for information about DME and other covered products commonly found in a pharmacy for children (birth through age 20).

Texas Children's Hospital covers all outpatient drugs, biological products, certain limited home health supplies (LHHS), and vitamins and minerals through formularies and a preferred drug list (PDL) developed by HHSC and available on the Vendor Drug website at http://www.txvendordrug.com/

## **Electronic Visit Verification**

#### What is Electronic Visit Verification (EVV)?

- Electronic Visit Verification (EVV) is a telephone and computer-based system that electronically verifies service visits and documents the precise time service provision begins and ends.
- EVV is a method by which a person, including but not limited to a personal care attendant, who enters a STAR Kids member's home to provide a service will document their arrival time, and departure time using a telephonic or computer-based application system. This visit information will be recorded and used as an electronic version of a paper time sheet for an attendant and used to support claims to the Health Plan for targeted EVV services.

#### Do providers have a choice of EVV vendors?

- Provider selection of EVV vendor
  - Providers have a choice of EVV vendors. During the contracting and credentialing process with a Health Plan, a copy of the Provider Electronic Visit Verification Vendor System Selection form should be provided in the application packet. Forms are located at www.TexasChildrensHealthPlan.org/For-Providers.
- Provider EVV default process for non-selection
  - Mandated providers that do not make an EVV vendor selection or who do not implement use of their selected vendor, are subject to contract actions and are defaulted to a selected vendor by HHSC. The provider will receive a default letter detailing out the vendor that they have been defaulted to and when they are required to be implemented with the vendor.
- When can a provider change EVV vendors?
  - A provider may change EVV vendors 120 calendar days after the submission request by completing the Medicaid EVV Provider System Selection form.
  - A provider may change EVV vendors twice in the life of their contract with the Health Plan.

#### Can a provider elect not to use EVV?

EVV will be required to document delivery of the following STAR Kids services:

- Personal care services (PCS)
- Community First Choice attendant care and habilitation (PAS/HAB)
- MDCP In-Home Respite
- MDCP flexible family support services

### Is EVV required for CDS employers?

If you are a CDS Employer, there are 3 EVV options:

- Phone and Computer (Full Participation): The telephone portion of EVV will be used by your Consumer Directed Services (CDS) Employee(s) and you will use the computer portion of the system to perform visit maintenance.
- Phone Only (Partial Participation): This option is available to CDS Employers who can participate in EVV, but may need some assistance from the FMSA with visit maintenance. You will use a paper time sheet to document service delivery. Your CDS Employee will call-in when they start work and call-out when they end work. Your FMSA will perform visit maintenance to make the EVV system match your paper time sheet.
- No EVV Participation: If you do not have access to a computer, assistive devices, or other supports, or you do not feel you can fully participate in EVV, you may choose to use a paper time sheet to document service delivery.

#### How do providers with assistive technology (ADA) needs use EVV?

If you use assistive technology, and need to discuss accommodations related to the EVV system or materials, please contact the HHSC-approved EVV vendors.

#### DataLogic (Vesta) Software, Inc.

Sales & Training Email: info@vestaevv.com Phone: (888) 880-2400 Tech Support Email: support@vesta.net Website: www.vestaevv.com

#### **MEDsys Software Solutions, LLC**

Sales Email: info@medsyshcs.com Phone: (877) 698-9392; Option 2 Support Phone: (877) 698-9392; Option 1 Website: www.medsyshcs.com

#### EVV use of small alternative device (SAD) process and required SAD forms

- The SAD process is found at http://www.dads.state.tx.us/evv/docs/ProviderAlternativeDeviceNotification\_3-2015.pdf
- SAD forms can be found at http://www.TexasChildrensHealthPlan.org.

#### Where do I submit the SAD agreement/order form?

The form is submitted to the provider-selected EVV vendor.

- a) DataLogic email for to: tokens@vestaevv.com or send secure efax to 956-290-8728
- b) MEDsys email form to: tokens@medsyshcs.com or send secure fax to 888-521-0692

Equipment provided by an EVV contractor to a Provider, if applicable, must be returned in good condition.

#### **EVV Compliance**

All providers providing the mandated services must use the EVV system and must maintain compliance with the following requirements:

- The Provider must enter Member information, Provider information, and service schedules (scheduled or non-scheduled) into the EVV system for validation either through an automated system or a manual system.
- The Provider must ensure that attendants providing services applicable to EVV are trained and comply with all processes required to verify service delivery through the use of EVV.
- 90% Adherence to Provider Compliance Plan
  - HHSC EVV Initiative Provider Compliance Plan A set of requirements that establish a standard for EVV usage that must be adhered to by Provider Agencies under the HHSC EVV initiative.
  - Provider Agencies must achieve and maintain an HHSC EVV Initiative Provider Compliance Plan Score of at least 90 percent per Review Period. Reason Codes must be used each time a change is made to an EVV visit record in the EVV System.

Provider Agencies must complete any and all required visit maintenance in the EVV system within 60 days of the visit (date of service). Visit maintenance not completed prior to claim submission is subject to claim denial or recoupement. Provider Agencies must submit claims in accordance with their contracted entity claim submission policy. No visit maintenance will be allowed more than 60 days after the date of service and before claims submission, unless an exception is granted.

- The HHSC Compliance Plan is located at: http://www.dads.state.tx.us/evv/complianceplan/ HHSCEVVProviderCompliancePlan.pdf
- The Texas Children's Health Plan Compliance Plan is located at www.TexasChildrensHealthPlan.org
- The Provider Agency must enure quality and appropriateness of care and services rendered by continuously monitoring for potential administrative quality issues.
- The Provider Agency must systematically identify, investigate, and resolve compliance and quality of care issues through the corrective action plan process.
- Providers should notify the appropriate Health Plan, or HHSC, within 48 hours of any ongoing isues with EVV vendors with EVV Systems.
- Any corrective action plan required by a Health Plan is required to be submitted by the Network Provider to the Health Plan within 10 calendar days of receipt of request.
- The Health Plan Provider Agencies may be subject to termination from the Health Plan network for failure to submit a requested corrective action plan in a timely manner.

Questions and concerns about EVV may be directed to:

Inquiry	Contact Information
HHSC general questions and complaints regarding an EVV vendor	Electronic_Visit_Verification@hhsc.state.tx.us
Complaints regarding EVV with Texas Children's Health Plan	1-800-731-8527
· · · · · · · · · · · · · · · · · · ·	HealthPlan@texaschildrens.org
Data Logic (Vesta) Software, Inc.	Tech Support: support@vesta.net
	Sales: (888) 880-2400
	Sales & Training: info@vestaevv.com
MEDsys Software Solutions, LLC	Support: (877) 698-9392; Option 1
	Sales: (877) 698-9392; Option 2
	Sales Email: info@medsyshcs.com

There will be no cost for to the Provider for the access and use of the selected EVV vendor system.

#### **Providers of Home Health Services Responsibilities**

Provider Compliance Plan (excluding Consumer-Directed Services (CDS):

https://www.dads.state.tx.us/evv/complianceplan/HHSCEVVProviderCompliancePlan.pdf)

("Non-CDS EVV providers must adhere to the Provider Compliance plan found at www.tchp.us/providers) or by contacting Texas Children's Health Plan at 832-828-1008 or 1-800-731-8527 for the most current version.)

#### **Use of Reason Codes**

Reason codes are used in visit maintenance when making corrections to a visit. Reason codes explain the specific reason a change was made to the visit. In addition to the reason code, the provider can enter free text in the EVV system. Providers must associate the most appropriate reason code with each change made in visit maintenance and enter any required free text in the comment field.

Reason codes have been catigorized as preferred or non-preferred. Any reason code with a number less than 900 is a preferred reason code. Any reason codes with a number greater than or equal to 900 is a non-preferred reason code.

Some reason codes include the requirement to verify that services were delivered. Other reason codes list specific information to be verified, such as the identity of the attendant providing the services. Provider agencies must follow program policies and procedures to verify the required service delivery information for each visit as part of the visit maintenance process.

#### Will Provider Training (including CDS Employers) be offered to providers?

Electronic Visit Verification (EVV) training is available through our provider relations department. For training, please contact provider relations via phone 832-828-1008, toll free 1-800-731-8527 or email HealthPlan@texaschildrens.org.

#### Will claim payment be affected by the use of EVV?

- Providers must adhere to EVV guidelines in Provider compliance plan when submitting a claim.
- Claims must be submitted within 95 calendar days of the EVV vsit.

#### What if I need assistance?

Texas Children's Health Plan has provider relations representatives who make sure you are satisfied with the services we provide to you. For assistance, please contact provider relations via phone 832-828-1008, toll free 1-800-731-8527 or email HealthPlan@texaschildrens.org.

# **Provider Complaint/Appeal Process**

#### Provider Complaints Process to Texas Children's Health Plan

Provider Complaints Process to HMO as a STAR Kids health plan, it is the policy of Texas Children's Health Plan to adhere to State Medicaid Provider Guidelines as defined in the current edition of the Texas Medicaid Provider Procedures Manual. A complaint includes any dissatisfaction with any aspect of Texas Children's Health Plan's operations, including plan administration, the appeal of an adverse determination, the denial, reduction, or termination of a service, the way a service is provided, or disenrollment decisions, may file a complaint or appeal with Texas Children's Health Plan. The following information will assist providers in filing.

#### How to Submit Complaints On Line

Providers may submit complaints on line through email link on the Texas Children's Health Plan provider portal http://www.texaschildrenshealthplan.org/for-providers or by using the Provider Concern email box at TCHPProviderConcerns@TCHP.us.

#### How to Submit Complaints via Paper

Complaint Issues Providers dissatisfied with any aspect of Texas Children's Health Plan's operations may file a written or verbal complaint with Texas Children's Health Plan at the following address:

#### Texas Children's Health Plan Attention: Provider & Care Coordination Provider and Care Coordination NB 8301 PO Box 301011 Houston, TX 77230-1011 832-828-1008

Texas Children's Health Plan will send a written acknowledgement of a complaint within 5 business days. Texas Children's Health Plan will investigate and issue a response to a provider complaint within 30 calendar days. All appeals of denied claims and requests for adjustments on paid claims must be received by Texas Children's Health Plan within 120 days from the last date of disposition; the date of the Explanation of Benefits on which that claim appears. Notification of receipt of the request for an appeal will be sent to the provider within 5 business days of receipt of the request. Provider appeals will be responded to within 30 calendar days. If a provider appeal involves a presently occurring emergency, denial of a continued hospital stay, or life-threatening condition, Texas Children's Health Plan shall respond in accordance to the medical immediacy of the case but in no event, greater than 1 business day from the time Texas Children's Health Plan receives the appeal. Texas Children's Health Plan will provide an oral resolution decision within 1 business day of receipt of an expedited appeal and in writing within 3 business days. All provider appeals involving medical necessity issues will be made by a physician. If an appeal is denied, the provider has 30 working days to set forth in writing good cause for having a particular type of specialty provider review the case, and the denial shall be reviewed by a provider in the same or similar specialty as typically manages the member's situation. An acknowledgement letter will be sent within five working days of receiving request for specialty review. Specialty review will be completed within 15 working days of receipt of request. Claims lacking the information necessary for processing are listed on the Explanation of Benefits requesting the missing information. Providers must resubmit a completed/corrected claim to Texas Children's Health Plan within 120 days from the date of the Explanation of Benefits to be considered for payment.

#### **Documentation**

Retention of fax cover pages, emails to and from Texas Children's Health Plan and maintain log of telephone communication.

• Both the provider and TCHP will retain all documentation including fax cover sheets, emails, telephone log of communication related to the expression of dissatisfaction.

# **Provider Complaint/Appeal Process**

#### Provider Appeal to Texas Children's Health Plan

All appeals of denied claims and requests for adjustments on paid claims must be received by Texas Children's Health Plan within 120 days from the last date of disposition; the date of the Explanation of Benefits on which that claim appears. Notification of Receipt of the request for an appeal will be sent to the provider within 5 business days of receipt of the request. Provider appeals will be responded to within 30 calendar days. If a provider appeal involves a presently occurring emergency, denial of a continued Hospital stay, or life-threatening condition, Texas Children's Health Plan shall respond in accordance to the medical immediacy of the case but in no event, greater than 1 business day from the time Texas Children's Health Plan receives the appeal. Texas Children's Health Plan will provide an oral resolution decision within 1 business day of receipt of an expedited appeal and in writing within 3 business days. All provider appeals involving medical necessity issues will be made by a physician. If an appeal is denied, the provider has 30 working days to set forth in writing good cause for having a particular type of specialty provider review the case, and the denial shall be reviewed by a provider in the same or similar specialty as typically manages the Member's situation. An acknowledgement letter will be sent within five working days of receiving request for specialty review. Specialty review will be completed within 15 working days of receipt of request.

Claims lacking the information necessary for processing are listed on the Explanation of Benefits requesting the missing Information. Providers must resubmit a completed/corrected claim to Texas Children's Health Plan within 120 days from the date of the Explanation of Benefits to be considered for payment.

Texas Children's Health Plan is prohibited from discriminating or taking punitive action against a Member or his or her representative for making an Appeal.

#### How to Submit Appeals via Paper

Texas Children's Health Plan claims appeals should be sent to:

#### Texas Children's Health Plan Attention: Claims Administration Department PO Box 300286 Houston, TX 77230-0286

#### Providers must utilize the Claims Appeal/Resubmission Form for all claims, resubmissions, and appeals.

#### How to Submit Appeals via Provider Portal

For Appeals: Submission of appeals for STAR Kids is available via the Texas Children's Health Plan portal. Please contact Texas Children's Health Plan Provider Relations department 1-800-731-8527.

#### **Documentation**

Retention of fax cover pages, emails to and from Texas Children's Health Plan and maintain log of telephone communication.

• Both the provider and Texas Children's Health Plan will retain all documentation including fax cover sheets, emails, telephone log of communication related to the expression of dissatisfaction.

#### Provider Complaints to Texas Health and Human Services Commission

Providers may file complaints to HHSC if they feel they did not receive full due process from Texas Children's Health Plan. The commission is only responsible for the management of complaints for managed care providers. Appeals/grievances, hearings, or dispute resolution are the responsibility of the Health Plan. Complaints must be in writing and mailed to:

Texas Health and Human Services Commission Re: Provider Complaint Health Plan Operations, H-320 PO Box 85200 Austin, TX 78708 HPM\_Complaints@hhsc.state.tx.us

# **Provider Complaint/Appeal Process**

#### Provider Appeal Process to HHSC (related to claim recoupment due to Member disenrollment)

Provider may appeal claim recoupment by submitting the following information to HHSC:

- A letter indicating that the appeal is related to a managed care disenrollment/recoupment and that the provider is requesting an Exception Request.
- The Explanation of Benefits (EOB) showing the original payment. Note: This is also used when issuing the retro-authorization as HHSC will only authorize the Texas Medicaid and Healthcare Partnership (TMHP) to grant an authorization for the exact items that were approved by the plan.
- The EOB showing the recoupment and/or the plan's "demand" letter for recoupment. If sending the demand letter, it must identify the client name, identification number, DOS, and recoupment amount. The information should match the payment EOB.
- **Completed clean claim.** All paper claims must include both the valid NPI and TPI number. Note: In cases where issuance of a prior authorization (PA) is needed, the provider will be contacted with the authorization number and the provider will need to submit a corrected claim that contains the valid authorization number.

Mail appeal requests to:

#### Texas Health and Human Services Commission HHSC Claims Administrator Contract Management Mail Code-91X PO Box 204077 Austin, Texas 78720-4077

#### Span of Coverage (Hospital) - Responsibility During a Continuous Inpatient Stay<sup>1</sup>

If a Member is disenrolled from Texas Children's Health Plan and enrolled in another STAR Kids Health Plan during an Inpatient Stay, then Texas Children's Health Plan will pay all facility charges until the Member is discharged from the Hospital, residential substance use disorder treatment facility, or residential detoxification for substance use disorder treatment facility. The new STAR Kids Health Plan will be responsible for all other Covered Services on the Effective Date of Coverage with the STAR Kids Health Plan.

	Hospital Facility	All Other
Scenario	Charge	<b>Covered Services</b>
1. Member Moves from FFS to STAR Kids	FFS	New MCO
2. Member Moves from STAR, STAR Health or STAR+PLUS to STAR Kids	Former MCO	New MCO
3. Member Moves from CHIP to STAR Kids	New MCO	New MCO
4. Adult Member Moves from STAR Kids to STAR or STAR+PLUS	Former STAR Kids MCO	New STAR or STAR+PLUS MCO
5. Member Moves from STAR Kids to STAR Health	Former STAR Kids MCO	New STAR Health MCO
6. Member Retroactively Enrolled in STAR Kids	New MCO	New MCO
7. Member Moves Between STAR Kids MCOs	Former MCO	New MCO

<sup>1</sup>This document is not intended to supersede any HHSC Contract. This is a reference tool determining the span of coverage limitation. For up to date references, please see the STAR Kids Contract.

#### Member's Right to File Complaints with Texas Children's Health Plan and HHSC

Members have the right to use each available complaint process through Texas Children's Health Plan and the state Medicaid Program and get a timely response. That includes the right to file a complaint about their health care services, providers, and Texas Children's Health Plan.

A complaint is an expression of dissatisfaction with any aspect of Texas Children's Health Plan's operation, including but not limited to, the quality of care or services provided and aspects of interpersonal relationships such as rudeness of provider, employee, or failure to respect the member's rights.

A complaint is not a misunderstanding or misinformation that is resolved promptly by supplying the appropriate information or clearing up the misunderstanding to the satisfaction of the member.

If the member or his or her authorized representative is not satisfied with the resolution of the complaint, he or she may request an appeal, oral or written, through the member advocate at the address or phone number noted above. All appeals must be received by Texas Children's Health Plan within 30 calendar days from the date of the response letter to a complaint.

Within 5 business days of receiving a request for an appeal, Texas Children's Health Plan will send a letter acknowledging the receipt of the appeal request.

The acknowledgement letter will indicate that Texas Children's Health Plan has 30 days to process and respond to the appeal. The appeal will then be prepared for review by the Appeal Committee. Within 5 calendar days following the Appeal Committee meeting, an appeal response letter will go out to the member or his or her authorized representative with the Appeal Committee's final decision on the appeal.

If the member has utilized the HMO complaint and appeals process and is still not satisfied with the results, the member may also file a complaint with HHSC by writing to:

#### Texas Health and Human Services Commission Health Plan Operations H-320 Resolution Services PO Box 85200 Austin, TX 78708-5200 HPM\_Complaints@hhsc.state.tx.us 1-800-252-8263

#### How to File a Complaint

Members, or their authorized representatives, can file an oral or written complaint with Texas Children's Health Plan. Oral complaints should be filed by calling Member Services at 832-828-1001 or toll-free at 1-866-959-2555. Written complaints should be mailed to the following address:

Texas Children's Health Plan Attention: Member Services PO Box 301011, NB 8360 Houston, TX 77230

#### **Assistance and Filing Process**

If a member needs assistance filing a complaint, he or she can call Texas Children's Health Plan Member Services at 832-828-1001 or toll-free at 1-866-959-2555. A member advocate is available to help the member file his or her complaint and understand the appeal process.

Texas Children's Health Plan will send the complainant a letter acknowledging receipt of the oral or written complaint within 5 business days. The letter will contain a description of Texas Children's Health Plan's complaint process and timeframes for processing. Texas Children's Health Plan will investigate the complaint and send the member a resolution letter within 30 calendar days following receipt of the complaint.

#### **Timeframe for Filing a Complaint**

Members, or their representatives, may file a complaint at any time.

#### Timeframe for Resolution of a Complaint

Texas Children's Health Plan will resolve complaints and send a letter to the complainant explaining the resolution within 30 calendar days from the date of receipt of the complaint.

Investigation and resolution of complaints concerning emergencies or the denial of continued stays for hospitalization will be handled in accordance with the medical immediacy of the case, but may not exceed 1 business day from receipt of the complaint.

Once the complaint has been resolved, the member advocate will send a response letter to the member or member's authorized representative with the resolution of the complaint, including the process to appeal the decision when the member or member's representative is not satisfied.

#### **Member Appeal Process**

If the member or his or her authorized representative is not satisfied with the resolution of the complaint, he or she may request an appeal, oral or written, through the member advocate at the address or phone number noted above. All appeals must be received by Texas Children's Health Plan within 30 calendar days from the date of the response letter to a complaint.

Within 5 business days of receiving a request for an appeal, Texas Children's Health Plan will send a letter acknowledging the receipt of the appeal request.

The acknowledgement letter will indicate that Texas Children's Health Plan has 30 days to process and respond to the appeal.

The appeal will then be prepared for review by the Appeal Committee. Within 5 calendar days following the Appeal Committee meeting, an appeal response letter will go out to the member or his or her authorized representative with the Appeal Committee's final decision on the appeal.

If the member has utilized the HMO complaint and appeals process and is still not satisfied with the results, the member may also file a complaint with HHSC by writing to:

#### Texas Health and Human Services Commission Health Plan Operations H-320 Resolution Services PO Box 85200 Austin, TX 78708-5200 HPM\_Complaints@hhsc.state.tx.us 1-800-252-8263

#### Member's Right to Appeal an Action

Texas Children's Health Plan will notify members in writing of an action or adverse determination on a covered service requested by his or her provider. Adverse determination means a determination by an HMO or utilization review agent that the health care services furnished, or proposed to be furnished to a patient, are not medically necessary or not appropriate. An adverse determination is one type of action.

An action includes:

- The denial or limited authorization of a requested Medicaid service, including the type or level of service.
- The reduction, suspension, or termination of a previously authorized service.
- The denial in whole or in part of payment for service.
- The failure to provide services in a timely manner.
- The failure of an HMO to act within timeframes set forth in its contract with HHSC.
- For a resident of a rural area with only one HMO, the denial of a Medicaid member's request to obtain services outside of the network.

Members, or their authorized representative, have the right to use each available appeal process through Texas Children's Health Plan and the state Medicaid program to request an appeal if they disagree with an action.

An appeal is a formal process by which a member, or their authorized representative, requests a review of a Texas Children's Health Plan action. It is considered to be a disagreement with an action.

#### How to File an Appeal

Members, or their authorized representatives, have the right to file an oral or written request to appeal a notice of action. Oral appeals should be filed by calling Member Services at 832-828-1001 or toll-free at 1-866-959-2555. Written requests for appeals should be mailed to the following address:

#### Texas Children's Health Plan Attention: Appeals Department NB 8390 PO Box 300709 Houston, TX 77230

If a member needs assistance filing an appeal, he or she may call Texas Children's Health Plan Member Services at 832-828-1001 or toll-free at 1-866-959-2555. A member advocate is available to provide assistance and explain the appeal process. Texas Children's Health Plan will send the appellate a written acknowledgement letter within 5 business days. If a member files an oral appeal, Texas Children's Health Plan will send with the written acknowledgement letter an appeal form.

The appellate must complete and return the appeal form to document the appeal in writing. The appeal request must be signed by the member or their authorized representative.

### Timeframe for Filing an Appeal

Members must file a request for appeal within 30 calendar days from receipt of a notice of an action. To ensure continuation of currently authorized services, a member must file an appeal on or before the later of: 1) 10 calendar days following Texas Children's Health Plan's mailing of the notice of the action; or 2) the intended effective date of the proposed action. Texas Children's Health Plan will continue covered services currently being received by the member if:

- The filing is timely.
- The appeal involves termination, suspension, or reduction of a previously authorized course of treatment.
- The services were ordered by an authorized provider.
- The original authorization period has not expired and the member requests an extension.

If the appeal decision is adverse to the member, the member may be financially responsible for the services which were the subject of the appeal. A member also has the right to request a State Fair Hearing any time during or after Texas Children's Health Plan's appeal process.

#### Timeframe for Resolution of an Appeal

Texas Children's Health Plan will respond to standard appeals in writing within 30 calendar days from the date Texas Children's Health Plan receives the appeal. This timeframe may be extended up to 14 calendar days if:

- The member requests an extension.
- Texas Children's Health Plan advises the member of a need for additional information and that extending the timeframe may be in the member's best interest.

Texas Children's Health Plan will provide written notice of the reason for a delay, if the member did not request the delay. The resolution letter will include:

- A statement of specific medical, dental, or contractual reasons for the resolution.
- The clinical basis for the decision.

#### **Right to an Expedited HMO Appeal**

A member, or his/her representative, may request an expedited appeal if he or she believes that taking the time for a standard appeal could jeopardize the member's life or health.

An expedited appeal is when Texas Children's Health Plan is required to make a decision quickly based on the member's health status.

#### How to File an Expedited Appeal

Expedited appeals may be requested verbally or in writing. To request an expedited appeal, a member or his/her representative should call or mail the appeal to:

#### Texas Children's Health Plan Attention: Appeals Department NB 8390 PO Box 300709 Houston, TX 77230 Fax: 832-825-8796

Texas Children's Health Plan will accept expedited appeals 24 hours a day, 7 days a week. Members or their representatives should provide information supporting the request for an expedited appeal. Assistance in filing an expedited appeal may be obtained by contacting Texas Children's Health Plan Member Services at 832-828-1001 or 1-866-959-2555. A member advocate is available to provide assistance.

If Texas Children's Health Plan determines that a member's appeal request does not follow the definition of an expedited appeal, it will treat the appeal as a standard appeal. Texas Children's Health Plan will make a reasonable effort to notify the appellate that the appeal is being treated as a standard appeal, with written notice being provided within 2 calendar days.

#### Resolution Timeframe for an Expedited HMO Appeal

Texas Children's Health Plan must complete its investigation and resolution of an appeal concerning an ongoing emergency or continued hospitalization:

- In accordance with the medical immediacy of the case.
- Not later than 1 business day after Texas Children's Health Plan receives the request for the expedited appeal.

Members will be promptly called with the decision. A letter will also be sent within 2 calendar days of the decision. The letter will include:

• Statement of the specific medical, dental, or contractual reasons for the resolution. The clinical basis for the decision.

#### STATE FAIR HEARING INFORMATION

#### Can a Member Ask for a State Fair Hearing?

If a Member, as a member of the health plan, disagrees with the health plan's decision, the Member has the right to ask for a fair hearing. The Member may name someone to represent him or her by writing a letter to the health plan telling Texas Children's Health Plan the name of the person the Member wants to represent him or her. A provider may be the Member's representative. The Member or the Member's representative must ask for the fair hearing within 90 days of the date on the health plan's letter that tells of the decision being challenged. If the Member does not ask for the fair hearing within 90 days, the Member may lose his or her right to a fair hearing. To ask for a fair hearing, the Member or the Member's representative should either send a letter or call the Health Plan at:

#### Texas Children's Health Plan Attention: Appeals Department NB 8390 PO Box 300709 Houston, TX 77230 832-828-1008

If the Member asks for a fair hearing within 10 days from the time the Member gets the hearing notice from the health plan, the Member has the right to keep getting any service the health plan denied, at least until the final hearing decision is made. If the Member does not request a fair hearing within 10 days from the time the Member gets the hearing notice, the service the health plan denied will be stopped.

If the Member asks for a fair hearing, the Member will get a packet of information letting the Member know the date, time, and location of the hearing. Most fair hearings are held by telephone. At that time, the Member or the Member's representative can tell why the Member needs the service the health plan denied.

HHSC will give the Member a final decision within 90 days from the date the Member asked for the hearing.

## **Member Eligibility and Added Benefits**

## Enrollment

Eligibility for STAR Kids is determined by the Texas Health and Human Services Commission. Once eligible, members select enrollment in a managed care organization in their area through the administrative services contractor.

## Verifying Member Medicaid Eligibility and Texas Children's Health Plan Enrollment

Each person approved for Medicaid benefits gets a Your Texas Benefits Medicaid card. However, having a card does not always mean the patient has current Medicaid coverage. Providers should verify the patient's Medicaid eligibility and MCO enrollment for the date of service prior to services being rendered. There are several ways to do this:

- Swipe the patient's Your Texas Benefits Medicaid card through a standard magnetic card reader, if your office uses that technology.
- Use TexMedConnect on the TMHP website at www.tmhp.com.
- Call the Your Texas Benefits provider helpline at 1-855-827-3747.
- Call Provider Services at the patient's medical or dental plan.

**Important**: Do not send patients who forgot or lost their cards to an HHSC benefits office for a paper form. They can request a new card by calling 1-855-827-3748. Medicaid Members also can go online to order new cards or print temporary cards.

**Important**: Providers should request and keep hard copies of any Medicaid Eligibility Verification (Form H1027) submitted by clients or proof of client eligibility from the Your Texas Benefits Medicaid card website at www.YourTexasBenefitsCard.com. A copy is required during the appeal process if the client's eligibility becomes an issue.

#### Your Texas Benefits STAR Kids Medicaid Card and STAR Kids Medicaid Verification Form 1027-A

The Your Texas Benefits STAR Kids Medicaid Card and Medicaid Verification Form 1027-A will indicate the member is enrolled in Texas Children's Health Plan. The name and Medicaid number of each STAR member in the household/ case will also appear on the form. Providers must review limitations identified on the member's Your Texas Benefits Medicaid Card or their Medicaid Eligibility Verification Form 1027-A. Members may be limited to one primary provider or pharmacy. Only those members listed on the STAR Kids Medicaid identification form are eligible for STAR Kids Medicaid.



## Member Eligibility and Added Benefits

#### Texas Children's Health Plan Identification Card

Texas Children's Health Plan issues a Texas Children's Health Plan identification card (ID) to all its members. When a Texas Children's Health Plan member visits your office, make a copy of both sides of the Texas Children's Health Plan ID Card for your records. Please note that while the Texas Children's Health Plan ID Card identifies a Texas Children's Health Plan member, it does not confirm eligibility or guarantee benefit coverage or payment. If a member presents only his or her Texas Children's Health Plan ID Card to identify his or her health plan and cannot provide a Your Texas Benefits Medicaid Card, providers should then verify the member's current eligibility status through Texas Children's Health Plan. Providers must document this verification in their records and treat these members as if they had presented a Your Texas Benefits STAR Kids Medicaid Card or Medicaid Eligibility Verification (Form 1027).

If a member insists he or she is eligible for STAR Kids Medicaid but cannot produce a Your Texas Benefits Medicaid Card or a Texas Children's Health Plan ID card, providers can verify eligibility through Texas Children's Health Plan at 1-866-959-2555 or TMHP Contact Center at 1-800-925-9126. Providers must document this verification in their records and treat these members as if they had presented a Your Texas Benefits STAR Kids Medicaid Card or Medicaid Eligibility Verification (Form 1027).

The Texas Children's Health Plan ID Card contains the following information:

Front:

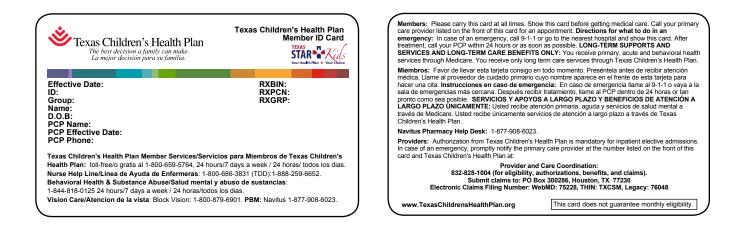
Member name

Back:

Claims address

Information needed to submit electronic claims

- Member ID number
- Member primary care provider
- Effective date for primary care provider
- Primary care provider's phone number



#### Medicare

If the member also received Medicare benefits, Medicare is responsible for most primary and acute services and some behavioral health services; therefore the Primary Care Provider's name, address, and telephone number are not listed on the Member's ID card. (STAR Kids Dual Members).

Options to verify eligibility:

- Automated Inquiry System (AIS Line)/TXMedConnect (TMHP)
- Texas Children's Health Plan Provider Portal www.tchp.us
- Electronic eligibility verification, e.g. NCPDP E1 Transaction (for Pharmacies only)

# **Member Eligibility and Added Benefits**

## **Added Benefits**

- STAR Kids clients are not limited to the 30-day spell of illness
- \$200,000 annual limit on inpatient services does not apply
- Unlimited medically necessary prescription drugs

STAR Kids members who are 21 years of age or older receive unlimited medically necessary prescription drugs. The elimination of the 3 prescription limit per month for adult clients enrolled in STAR Kids allows the provider greater flexibility in treating and managing amember's health-care needs. **Benefit is only available for Members** who are NOT covered by Medicare.

### **STAR Kids Value-added Services**

Members can access the services by calling Member Services at toll free 1-800-659-5764.

- Additional transportation
- Gasoline cards will generally be limited to \$20.00 or less (based on actual mileage). Gasoline will be a prepaid card limited to gasoline purchases only
- Extra help with getting a ride for doctor visits
- Respite care- The value added respite care service will be limited to eight hours of in-home services per year and must be approved and preauthorized by Texas Children's Health Plan's Service Coordination department.
- 8 hour Caregiver Respite Care Services
- The value-added sports team, will be limited to four games per year for ages 5 to 20
- Sports team based on availability
- Tobacco dependent parents of all health plan members who agree to coaching by a service coordinator or health educator. Enrolled in a smoking cessation-counseling program. Up to four family members.
- Smoking cessation benefits for tobacco dependent parents
- Pest Control- The member must be participating in Texas Children's Health Plan's Disease Management program for a minimum of three months and the Member's family must own/rent a home. STAR Kids Members with asthma who have been hospitalized or received emergency room treatment in the past 90 days will be considered for this program. This value-added service will be limited to twice per year.
- Parent training- This value-added service will be limited to \$100 per family per year. Based on availability.
- Sensory-Friendly films- The only limitation is the location of the theater that provides this service
- 24 Hour Nurse Help Line
- Post hospitalization follow up visit incentive- STAR Kids member only. Gift card will be mailed to member upon receipt of post hospitalization follow up visit. Gift cards will be limited to \$25 and not to exceed 3 gift cards per member per calendar year.

# **Member's Rights and Responsibilities**

### **Members Rights**

- 1. You have the right to respect, dignity, privacy, confidentiality, and nondiscrimination. That includes the right to:
  - a. Be treated fairly and with respect.
  - b. Know that your medical records and discussions with your providers will be kept private and confidential.
- 2. You have the right to a reasonable opportunity to choose a health care plan and primary care provider. This is the doctor or health care provider you will see most of the time and who will coordinate your care. You have the right to change to another plan or provider in a reasonably easy manner. That includes the right to:
  - a. Be told how to choose and change your health plan and your primary care provider.
  - b. Choose any health plan you want that is available in your area and choose your primary care provider from that plan.
  - c. Change your primary care provider.
  - d. Change your health plan without penalty.
  - e. Be told how to change your health plan or your primary care provider.
- 3. You have the right to ask questions and get answers about anything you do not understand. That includes the right to:
  - a. Have your provider explain your health care needs to you and talk to you about the different ways your health care problems can be treated.
  - b. Be told why care or services were denied and not given.
- 4. You have the right to agree to or refuse treatment and actively participate in treatment decisions. That includes the right to:
  - a. Work as part of a team with your provider in deciding what health care is best for you.
  - b. Say yes or no to the care recommended by your provider.
- 5. You have the right to use each available complaint and appeal process through the managed care organization and through Medicaid, and get a timely response to complaints, appeals, and fair hearings. That includes the right to:
  - a. Make a complaint to your health plan or to the state Medicaid program about your health care, your provider, or your health plan.
  - b. Get a timely answer to your complaint.
  - c. Use the plan's appeal process and be told how to use it.
  - d. Ask for a fair hearing from the state Medicaid program and get information about how that process works.
- 6. You have the right to timely access to care that does not have any communication or physical access barriers. That includes the right to:
  - a. Have telephone access to a medical professional 24 hours a day, 7 days a week to get any emergency or urgent care you need.
  - b. Get medical care in a timely manner.
  - c. Be able to get in and out of a health care provider's office. This includes barrier free access for people with disabilities or other conditions that limit mobility, in accordance with the Americans with Disabilities Act.
  - d. Have interpreters, if needed, during appointments with your providers and when talking to your health plan. Interpreters include people who can speak in your native language, help someone with a disability, or help you understand the information.
  - e. Be given information you can understand about your health plan rules, including the health care services you can get and how to get them.
- 7. You have the right to not be restrained or secluded when it is for someone else's convenience, or is meant to force you to do something you do not want to do, or is to punish you.
- 8. You have a right to know that doctors, hospitals, and others who care for you can advise you about your health status, medical care, and treatment. Your health plan cannot prevent them from giving you this information, even if the care or treatment is not a covered service.
- 9. You have a right to know that you are not responsible for paying for covered services. Doctors, hospitals, and others cannot require you to pay copayments or any other amounts for covered services.

## **Member's Rights and Responsibilities**

#### **Members Responsibilities**

- 1. You must learn and understand each right you have under the Medicaid program. That includes the responsibility to:
  - a. Learn and understand your rights under the Medicaid program.
  - b. Ask questions if you do not understand your rights.
  - c. Learn what choices of health plans are available in your area.
- 2. You must abide by the health plan's and Medicaid's policies and procedures. That includes the responsibility to:
  - a. Learn and follow your health plan's rules and Medicaid rules.
  - b. Choose your health plan and a primary care provider quickly
  - c. Make any changes in your health plan and primary care provider in the ways established by Medicaid and by the health plan.
  - d. Keep your scheduled appointments.
  - e. Cancel appointments in advance when you cannot keep them.
  - f. Always contact your primary care provider first for your non-emergency medical needs.
  - g. Be sure you have approval from your primary care provider before going to a specialist.
  - h. Understand when you should and should not go to the emergency room.
- 3. You must share information about your health with your primary care provider and learn about service and treatment options. That includes the responsibility to:
  - a. Tell your primary care provider about your health.
  - b. Talk to your providers about your health care needs and ask questions about the different ways your health care problems can be treated.
  - c. Help your providers get your medical records.
- 4. You must be involved in decisions relating to service and treatment options, make personal choices, and take action to maintain your health. That includes the responsibility to:
  - a. Work as a team with your provider in deciding what health care is best for you.
  - b. Understand how the things you do can affect your health.
  - c. Do the best you can to stay healthy.
  - d. Treat providers and staff with respect.
  - e. Talk to your provider about all of your medications.

### Members Right to Designate an OB/GYN (STAR Kids Dual Eligible Members are excluded.)

### Option 1: MCO DOES NOT LIMIT TO NETWORK

Texas Children's Health Plan allows the Member to pick any OB/GYN, whether that doctor is in the same network as the Member's Primary Care Provider or not.

### ATTENTION FEMALE MEMBERS

Members have the right to pick an OB/GYN without a referral from their Primary Care Provider. An OB/GYN can give the Member:

- One well-woman checkup each year
- Care related to pregnancy
- Care for any female medical condition
- A referral to a specialist doctor within the network

# **Member's Rights and Responsibilities**

### FRAUDS INFORMATION

#### REPORTING WASTE, ABUSE, OR FRAUD BY A PROVIDER OR CLIENT MEDICAID MANAGED CARE

#### Do you want to report waste, abuse, or fraud?

Let us know if you think a doctor, dentist, pharmacist at a drug store, other health care providers, or a person getting benefits is doing something wrong. Doing something wrong could be waste, abuse, or fraud, which is against the law. For example, tell us if you think someone is:

- Getting paid for services that weren't given or necessary.
- Not telling the truth about a medical condition to get medical treatment.
- Letting someone else use their Medicaid ID.
- Using someone else's Medicaid or CHIP ID.
- Not telling the truth about the amount of money or resources he or she has to get benefits.

#### To report waste, abuse or fraud, choose one of the following:

- Call the OIG Hotline at 1-800-436-6184;
- Visit <a href="https://oig.hhsc.state.tx.us/">https://oig.hhsc.state.tx.us/</a> Under the box labeled "I WANT TO" click "Report Waste, Abuse, and Fraud" to complete the online form; or
- You can report directly to the Health Plan:

#### Texas Children's Health Plan Attention: Member Services PO Box 301011 Houston, TX 77230-1011 832-828-1008

#### To report waste, abuse or fraud, gather as much information as possible.

- When reporting about a provider (a doctor, dentist, counselor, etc.) include:
  - Name, address, and phone number of provider
  - Name and address of the facility (hospital, nursing home, home health agency, etc.)
  - Medicaid number of the provider and facility, if you have it
  - Type of provider (doctor, dentist, therapist, pharmacist, etc.)
  - Names and phone numbers of other witnesses who can help in the investigation
  - Dates of events
  - Summary of what happened
- When reporting about someone who gets benefits, include:
  - The person's name
  - The person's date of birth, Social Security number, or case number if you have it
  - The city where the person lives
  - Specific details about the waste, abuse, or fraud



### **Claims Filing**

Texas Children's Health Plan is in compliance with HIPAA EDI requirements for all electronic transactions. For additional assistance, please call Texas Children's Health Plan Provider Care and Coordination at 832-828-1008 or toll-free 1-800-731-8527.

Please submit claims for the following services to: Texas Children's Health Plan PO Box 300286

Houston, TX 77230-0286

- Acute care claims for all STAR Kids Members.
- LTSS services for MDCP STAR Kids Members.

Claims for the following LTSS (Long-Term Services and Supports) services are available based on the waiver programs listed below. Claims for these services will continue to be submitted to the individual waiver program.

#### Long-Term Services and Supports (LTSS) 1915(c) waivers

#### **CLASS Services**

Adaptive Aids Employment Assistance Financial Management Services Minor home modification Respite Supported Employment Auditory integration therapy Continued family services Support family services Prevocational habilitation

#### **TxHmL Services**

Adaptive Aids Employment Assistance Financial Management Services Minor home modification Respite Supported Employment Community support services DBMD Services Adaptive Aids Employment Assistance Financial Management Services Minor home modification Respite Supported Employment Chore Intervener Orientation/mobility Residential services

#### **YES Services**

Adaptive Aids Employment Assistance Minor home modification Respite Supported Employment Family supports

#### **HCS Services**

Adaptive Aids Employment Assistance Financial Management Services Minor home modification Respite Supported Employment Residential services

Non-medical transportation Paraprofessional services Pre-engagement services Specialized therapies Supportive family-based alternatives Transitional services

### Long-Term Services and Supports (LTSS) not covered by Texas Children's Health Plan

- a) Texas Children's Health Plan is not responsible for providing payments to a Nursing Facility or an Intermediate Care Facility for Individuals with Intellectual Disabilities or other related condition (ICF/IID), but will provide Acute Care and Service Coordination to a Member residing in a Nursing Facility or an ICF/IID if the services are not provided through the Nursing Facility or ICF/IID as part of the daily rate.
- b) If a Texas Children's Health Plan member changes MCOs prior to the delivery of their custom DME and augmentative devices, with the appropriate authorization the new MCO will be responsible for the claim. TCHP will be responsible for previously authorized custom DME and augmentative devices authorized by another MCO when that member becomes a TCHP member if the delivery occurs after the new enrollment with TCHP. In cases where TCHP may have denied a custom DME and augmentative device and a State Fair Hearing Officer reverses the decision, TCHP will be responsible for the cost of the custom DME service/equipment from the date of original denial.
- c) If a Texas Children's Health Plan MDCP STAR Kids Waver member changes MCOs before completion of a minor home modification, Texas Children's Health Plan will cover the minor home modifications. All other services will be covered by the new MCO.

### **Provider Portal Functionality**

Providers may contact Texas Children's Health Plan via our secure portal at TCHP.US/Providers.

For Claims: Submission of STAR Kids batch claims is available via the Texas Children's Health Plan portal. Please contact Texas Children's Health Plan's Provider Relations department 1-800-731-8527 for information.

#### **Claims Submission Form/Format**

Claims must be submitted on a standard HCFA 1500 Form or UB-92/UB-04 to the address designated on the member's card. Emergency service claims are required to follow all claims billing procedures.

#### **Monthly Capitation Services**

Monthly capitation for primary care providers with certain panel sizes may qualify for capitation services in addition to fee-for-service billing. Please refer to your provider contract rate section for specifics or call Texas Children's Health Plan Provider and Care Coordination at 832-828-1008.

#### **Emergency Services Claims**

Emergency services means covered inpatient and outpatient services furnished by a provider that is qualified to furnish such services under the contract and that are needed to evaluate or stabilize an emergency medical condition and/or an emergency behavioral health condition including post-stabilization care services.

Emergency medical condition means a medical condition manifesting itself by acute symptoms of recent onset and sufficient severity (including severe pain), such that would a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical care could result in:

- Placing the patient's health in serious jeopardy
- Serious impairment of bodily functions
- Serious dysfunction of any bodily organ or part
- Serious disfigurement
- In the case of a pregnant woman, serious jeopardy to the health of a woman or her unborn child

#### There are no co-payments for STAR Kids members.

Coordination of Benefits with Third Party Resources, to include Medicare for Dual Eligible STAR Kids Members

Texas Children's Health Plan coordinates with all primary payers including Medicare Dual Eligibles.



#### Member Acknowledgement Statement

A provider may bill a member for a claim denied as not being medically necessary or not part of a covered preventive family planning or Texas Health Steps service if both the following conditions are met:

- A specific service or item is provided at the member's request.
- The provider has obtained and kept a written Member Acknowledgement Statement signed by the client that states:

"I understand that, in the opinion of (Provider's name) the services or items that I have requested to be provided to me on (dates of service) may not be covered under the Texas Medicaid Program as being reasonable and medically necessary for my care. I understand that the HHSC or its health insuring agent determines the medical necessity of the services or items that I request and receive. I also understand that I am responsible for payment of the services or items I request and receive if these services or items are determined not to be reasonable and medically necessary."

"Comprendo que, según la opinión del (nombre del Proveedor), es posible que Medicaid no cubra los servicios o las provisiones que solicité (fecha de servicio) por no considerarlos razonables ni médicamente necesarios para mi salud. Comprendo que el HHSC o su agente de seguros de salud determinan la necesidad médica de los servicios o de las provisiones que el cliente solicite o reciba. También comprendo que tengo la responsabilidad de pagar los servicios o provisiones que solicité y que reciba si después se determina que esos servicios y provisiones no son razonables ni médicamente necesarios para mi salud."

A provider may bill the following to a member without obtaining a signed Member Acknowledgement Statement:

- Any service that is not a benefit of the Texas Medicaid Program or Texas Children's Health Plan's benefit package (for example, personal care items)
- All services incurred on non-covered days due to lack of eligibility
- The reduction in payment that is due to the medically needy spend down
- The provider accepts the member as a private-pay patient

#### **Private Pay Form Agreement**

Providers must advise members that they are accepted as private pay patients at the time the service is provided and that they will be responsible for paying for all services received. The member must sign written notification.

The member is accepted as a private-pay patient pending Medicaid eligibility determination and does NOT become eligible for Medicaid retroactively. The provider is allowed to bill the patient as a private-pay. If the member becomes eligible retroactively, the member should notify the provider of the change in status. Ultimately, the provider is responsible for filing timely Medicaid claims. If the patient becomes eligible, the provider MUST refund any money paid by the patient and file Medicaid claims for all services rendered.

#### PRIVATE PAY AGREEMENT

l,	understand that the provider	is accepting me as a private pay
patient for the period of	, and I will be responsible	e for paying for any service I receive.
The provider will not file a claim to Medi	icaid for services provided to me.	
Signed:		
Dated:		
PACTO DE PAGO PRIVADO		
Yo,	entiendo que el proveedor	me esta aceptando como paciente
de pago privado por el periodo de	, y me hago responsable	en pagar por cualquier servicio rendido.
El proveedor no le mandara a Medicaid	ningún reclamo por servicios que me rir	nda.
Nombre:		
Fecha:		

#### Time Limit for Submission of Claims

A provider must file a claim with Texas Children's Health Plan within 95 days from the date of service. If a claim is not received by Texas Children's Health Plan within 95 days, the claim will be denied.

If the provider files with the wrong plan within the 95-day submission requirement (e.g. State Claims Administrator but not with Texas Children's Health Plan) and produces documentation to that effect, Texas Children's Health Plan must honor the initial filing date and process the claim without denying the resubmission for the sole reason of passing the filing timeframe. The provider must file the claim with Texas Children's Health Plan within 95 days of the date on the Remittance & Status (R&S) from the other (wrong) carrier.

When a service is billed to a third-party insurance resource other than Texas Children's Health Plan, the claim must be re-filed and received by Texas Children's Health Plan within 95 days from the date of disposition by the other insurance resource. Texas Children's Health Plan will determine, as part of its provider claims filing requirements, the documentation required when a provider re-files these types of claims.

All Claims Appeals must be be filed within 120 days from the date of denial for reconsideration. When filing and appeal, please attach documentation supporting your position. A Medical Necessity Appeal must be filed within 30 days of receipt of the denial notice.

#### **Clean Claims Payment for Professional and Institutional Claim Submission**

A clean claim is defined as a claim submitted by a physician or provider for medical care or health care services rendered to a member, with the data necessary for the Health Plan to adjudicate and accurately report the claims. A clean claim must meet all requirements for accurate and complete data as defined in the 837 transaction guide.

Once a clean claim is received, TCHP is required, within the 30 day claim payment period, to:

- Pay the claim in accordance with the rate agreed to in your provider contract, or
- Deny the entire claim, or part of the claim, and notify you why the claim or part of the claim was not paid.

All clean claims submitted to Texas Children's Health Plan will be adjudicated (paid or denied) within 30 days of receipt. A provider will be notified in writing if additional information is needed to process a claim. If a clean claim is not adjudicated within 30 days of receipt, Texas Children's Health Plan is responsible for paying a provider interest at a rate of 1.5 percent per month (18 percent annually) for each month or portion of the month that the claim goes unadjudicated.

Claims submitted by providers who are under investigation, have been excluded or suspended from state programs for fraud and abuse will not be considered for payment.

#### **Clean Claims Payment on Pharmacy Claim Submission**

Texas Children's Health Plan must process claims in accordance with "Pharmacy Claims Manual," and Texas Insurance Code § 843.339. This law requires the Health Plan to pay clean claims that are submitted electronically no later than 18 days after adjudication, and no later than 21 days after adjudication if the claim is not submitted electronically. In addition, the MCO must comply with regarding payment of out-of-network pharmacy claims.

#### **Approved Claim Form**

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#### HEALTH INSURANCE CLAIM FORM

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PATIENT'S NAME (Last Name, First Name, Middle Initial)	3 PATIENT'S BIRTH DATE SEX	4. INSURED'S NAME (Last Name, First Name, Middle Initial)
	MF	
PATIENT'S ADDRESS (No., Street)	6 PATIENT RELATIONSHIP TO INSURED	7. INSURED'S ADDRESS (No., Street)
TY STAT		CITY STATE
CODE TELEPHONE (Include Area Code)	Single Married Other	ZIP CODE TELEPHONE (Include Area Code)
	Employed Full-Time Part-Time	
OTHER INSURED'S NAME (Last Name, First Name, Middle Initial)	10. IS PATIENT'S CONDITION RELATED TO	11. INSURED'S POLICY GROUP OR FECA NUMBER
OTHER INSURED'S POLICY OR GROUP NUMBER	a EMPLOYMENT? (Current or Previous)	a. INSURED'S DATE OF BIRTH SEX
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MM DD YY M F	b. AUTO ACCIDENT? PLACE (State)	b. EMPLOYER'S NAME OR SCHOOL NAME
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	YES NO	
ISURANCE PLAN NAME OR PROGRAM NAME	10d RESERVED FOR LOCAL USE	d. IS THERE ANOTHER HEALTH BENEFIT PLAN?
READ BACK OF FORM BEFORE COMPLETI PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE I authorize th		13 INSURED'S OR AUTHORIZED PERSON'S SIGNATURE I authotize payment of medical bienefits to the undersigned physician or supplier for
to process this claim. I also request payment of government benefits eith below	er to myself or to the party who accepts assignment	services described below.
SIGNED	DATE	SIGNED
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### Approved Claim Form

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### Payment/Accrual of interest by Texas Children's Health Plan

Texas Children's Health Plan will pay penalty and interest for clean claims submitted more than 30 days.

### Allowable Billing Methods

Electronic billing, and paper.

### Special Billing (Newborns, Value-Added Services, SSI Compounded Medications, etc.)

Please contact Texas Children's Health Plan Provider Relations for special billing at 832-828-1008 or toll free at 1-800-731-8527.

### **Claims Questions/Appeals**

Please contact Texas Children's Health Plan at 832-828-1004or toll free or toll free at 1-877-213-5508. Texas Children's Health Plan claims appeals should be sent to:

#### Texas Children's Health Plan Attention: Claims Administration Department PO Box 300286 Houston, TX 77230-0286

### How to Find A List of Covered Drugs

Drugs eligible for Texas Children's Health Plan reimbursement are listed in the current Texas Listing of National Drug Codes. Providers can find a list of preferred drugs at www.navitus.com.

### How to Find A List of Preferred Drugs

Providers can find a list of preferred drugs at www.navitus.com provider portal.

### Process for Requesting a Prior Authorization (PA)

All out-of-network services, except emergency services, require prior authorization. Please contact the Texas Children's Health Plan Provider and Care Coordination Department or the Utilization Management Program at 1-832-828-1004 option 5 or toll free at 1-800-731-8527 for the most current prior authorization requirements.

### **Authorization for Health Services**

The primary care provider acts as the coordinator for health care provided to Texas Children's Health Plan STAR Kids members, both within and outside of the primary care provider's office. The primary care provider has the primary responsibility for arranging and coordinating appropriate referrals to other providers/specialists, as well as managing and coordinating the administrative functions related to the delivery of health services in conjunction with Texas Children's Health Plan and case managers as indicated.

The primary care provider or designee may make medically necessary referrals to in-network specialists, ECI, family planning, CPW, Texas Health Steps, or mental health and emergency services without authorization from Texas Children's Health Plan.

Current services requiring authorization are listed below, but please check with Texas Children's Health Plan Utilization Management at 832-828-1004, option 5 or Provider TouchPoint at www.tchp.us/providers for updates to this list.

### Authorizations for in-network specialists are not required.

For current Texas Children's Health Plan required authorizations, providers should always review the online Prior Authorization list located at www.tchp.us/authlist.

Effective September 1, 2015. The following services require authorizations:

### **Medical Authorizations**

- All out-of-network services
- Ambulance services (non-emergent transport)
- Augmentative Communication Devices
- Baclofen injections/pump
- Bariatric Surgery
- Botox Injections
- Chemotherapy non-FDA approved
- Circumcision greater than 1 year of age
- Cochlear Implant
- Contact lenses due to disease process
- Cosmetic Surgery
- Cranial Molding Orthosis (Helmets)
- Dental Medically necessary (except for cleft palate)
- Gait trainer

- All genetic testing
- Home Health Care
- Hospital grade Blood Pressure Monitors in home use
- Hospital Beds and accessories
- Hospital Inpatient care
- Nutritional Supplements
- Oral Surgery
- Organ Acquisition
- PET Scans
- Prescribed Pediatric Extended Care Centers
- Private Duty Nursing in home
- Progesterone Therapy
- Prosthetics
- Skilled Nursing facility
- SPECT Scans
- Therapy Physical, Occupational, Speech (including initial Eval)

- TMJ diagnosis and treatment
- Transplant Evaluation
- Vision Care, medically necessary
- Wheelchairs and accessories

#### **Behavior Health Authorizations**

- All out-of-network services
- Inpatient Care
- Intensive Outpatient Treatment
- Neuropsychological Testing
- Outpatient Behavior Health visits greater than 30 (per calendar year)
- Partial Hospitalization
- Psychological Testing (excluding) initial eval)
- Residential Treatment Facility
- Targeted Case Management
- Substance Use Disorder Treatment (excluding eval)

Authorizations for these services must be submitted to Texas Children's Health Plan by faxing the authorization form to 832-825-8760 or calling 832-828-1004. The primary care provider will remain responsible for ensuring continuity of the member's care by maintaining medical record documentation of treatment rendered.

Members with disabilities, special health care needs, or chronic or complex conditions are allowed direct access to a specialist.

### Authorization of Clinician-Directed Care Coordination for Medically Complex Members

- 1. Services require an authorization by the member's Texas Children's Health Plan case manager.
- 2. Authorization must be obtained within 7 days of the initial date of service.
- 3. Each authorization is for a period of 6 months and must be preceded by a face-to-face visit within the preceding 6 months.
- 4. Authorizations for care plan oversight will only be made to the members' medical home provider. The authorization will be for 2 services every 6 months and require a care plan and emergency medical plan be in place for the member (both evidenced in documentation as multidisciplinary care documents), which include a problem list, interventions, short and long term goals as well as responsible parties.
- 5. Medical team conference authorizations allow one service every 6 months to be authorized to the primary care physician or a specialist for a member who is currently enrolled in a Texas Children's Health Plan case management program.
- 6. Non-face-to-face prolonged services are billable for member's enrolled in a Texas Children's Health Plan case management program when a significant condition change occurs (complex discharge planning, trauma complications to current condition, or a new diagnosis). Each of the preceding is to require interdisciplinary care coordination by the billing provider.
- 7. Medical records are subject to retrospective review to establish documentation and times of services.

Definitions of medically complex and multidisciplinary care are defined by Texas Children's Health Plan as documented in the Texas Medicaid Bulletin, No. 209 p. 163.

Calls for authorization may be placed at 832-828-1004 or toll free at 1-877-213-5508. Failure to comply with this process may result in nonpayment of claims. If you need further assistance or clarification, please contact your provider relations manager or call the Provider Relations telephone line at 832-828-1008 or toll free at 1-800-731-8527.

#### How to Find a List of PA Required Services and Codes

For current Texas Children's Health Plan required authorizations, providers should always review the online Prior Authorization list located at www.tchp.us/authlist.

#### Meaning of "PA Not Required" on Returned PA Request Form

A response of PA Not Required is not a guarantee of payment. The service must be a benefit of the member's enrollment in order to be considered for payment. "PA Not Required "does not mean that service is covered.

#### **Provider Portal**

The Texas Children's Health Plan Provider Portal allows providers to view eligibility, claim status, authorizations, receive provider news, access Texas Children's Health Plan specific communications and submit email directly to Texas Children's Health Plan Provider Relations.

#### **Continuity of Care and Out of Network Provider Requirements**

Texas Children's Health Plan must ensure that the healthcare of newly enrolled Members is not disrupted, compromised, or interrupted. The Health Plan must take special care to provide continuity in the care of enrolled Members who are Medically Fragile and those whose physical or behavioral health could be placed in jeopardy if Medically Necessary Covered Services are disrupted, compromised, or interrupted.

- Pregnant women information—Texas Children's Health Plan will take special care not to disrupt care in progress for newly enrolled members. Pregnant members with 12 weeks or less of their pregnancy remaining before expected delivery date will not be disrupted from their current OB/GYN provider (even if the provider is out of network) through the member's postpartum checkup. A member may change her OB/GYN if she requests.
- Member moves out of service area—Texas Children's Health Plan requests that the member tell us in writing if they move, change their address or phone number, even if these changes are temporary. If a member moves out of the service area, they may no longer be eligible. Texas Children's Health Plan will provide or pay out-of-network providers who provide medically necessary covered services to members who move out of the service area through the end of the period for which capitation has been paid for the member.
- Texas Children's Health Plan does not impose any pre-existing condition limitations or exclusions or require evidence of insurability to provide coverage to any Texas Children's Health Plan STAR Kids member.



The Health Plan is required to ensure that clients receiving Community-Based Services prior to the Operational Start Date continue to receive those services for up to six months after the Operational Start Date, unless the Health Plan has completed the STAR Kids Screening and Assessment Process and issued new authorizations as described in Section 8.1.39. During the Transition Phase an HHS Agency will provide a file identifying these clients to the Health Plan for this purpose. The Health Plan must work with HHSC and DADS to ensure that all necessary authorizations are in place within the Health Plan's system(s) for the continuation of Community-Based Services. The Health Plan must describe the process it will use to ensure continuation of current Community-Based Services in its Transition/Implementation Plan as noted in Section 7.3.1. The Health Plan must ensure that Community-Based Service Providers are informed and trained on this process prior to the Operational Start Date.

The Health Plan must allow pregnant Members past the 24th week of pregnancy to remain under the care of the Member's current OB/GYN through the Member's postpartum checkup, even if the Provider is Out-of-Network. If a Member wants to change her OB/GYN to one who is in the Network, she must be allowed to do so if the Provider to whom she wishes to transfer agrees to accept her in the last trimester of pregnancy.

The Health Plan must pay a Member's existing Out-of-Network Providers for Medically Necessary and Functionally Necessary Covered Services and equipment and supplies until the Member's records, clinical information, and care can be transferred to a Network Provider, or until the Member is no longer enrolled in that Health Plan, whichever is shorter. If, at the time of enrollment, the Member has an existing scheduled appointment with an Out-of-Network specialist physician and the Health Plan does not arrange for an earlier alternative appointment with a Network Provider with a comparable certification, specialty, and expertise, the Health Plan must authorize and pay the Out-of-Network specialist physician for any Covered Service provided to the Member during that Member's scheduled appointment with the Out-of-Network specialist physician. If the Member requires follow-up care, the Health Plan may transfer the Member's care to a Network Provider with a comparable certification, specialist physician and the Member or the Member's LAR. Payment to Out-of-Network Providers must be made within the time period required for Network Providers. The Health Plan must comply with Out-of-Network Provider reimbursement rules as adopted by HHSC.

With the exception of pregnant Members who are past the 24th week of pregnancy, this requirement does not extend the obligation of the Health Plan to reimburse the Member's existing Out-of-Network Providers for on-going care for:

- 1. More than 90 days after a Member enrolls in the Health Plan, or
- 2. For more than 12 months in the case of a Member who, at the time of enrollment in the Health Plan, has been diagnosed with and receiving treatment for a terminal illness and remains enrolled in the Health Plan.

The Health Plan's obligation to reimburse the Member's existing Out-of-Network Provider for services provided to a pregnant Member past the 24th week of pregnancy extends through delivery of the child, immediate postpartum care, and the follow-up checkup within the first 6 weeks of delivery.

The Health Plan must provide or pay Out-of-Network Providers who provide Medically Necessary Covered Services to Members who move out of the Service Area through the end of the period for which capitation has been paid for the Member.

The Health Plan must provide Members with timely and adequate access to Out-of-Network services for as long as those services are necessary and not available within the Network, in accordance with 42 C.F.R. § 438.206(b)(4). The Health Plan will not be obligated to provide a Member with access to Out-of-Network services if the services become available from a Network Provider. If a Member's PCP or other Provider determines that disrupting a Member's existing relationship with an Out-of-Network Provider would subject the Member to unnecessary psychological or medical risk, the Health Plan must provide the Member access to those Out-of-Network services through an appropriate agreement with the Out-of-Network Provider.

The Health Plan must ensure that each Member has access to a second opinion regarding the use of any Medically Necessary Covered Service. A Member must be allowed access to a second opinion from a Network Provider or Outof-Network Provider, if a Network Provider is not available or does not have the clinical experience in a condition or treatment, at no cost to the Member, in accordance with 42 C.F.R. § 438.206(b) (3).The requirements in this Section 8.1.23 regarding access to and payment of Out-of-Network providers apply only to Out-of-Network providers who are enrolled Texas Medicaid providers.

## Enrollment

Eligibility for STAR Kids is determined by the Texas Health and Human Services Commission. Once eligible, members select enrollment in a managed care organization in their area through the administrative services contractor.

#### **Newborn process**

Newborns are presumed Medicaid eligible and enrolled in the mother's health care plan for at least 90 days from the date of birth. Newborns who have not received a state-issued Medicaid ID number will automatically receive a Texas Children's Health Plan assigned number effective on his or her date of birth.

If a newborn is born to a STAR Kids eligible mother, the HHSC administrative service contractor will enroll the newborn into the STAR program. All rules related to STAR newborn enrollment will apply to the newborn.

For STAR Kids dual members who have Medicare, a PCP is not listed on the Texas Children's Health Plan ID card. Instead, the phrase Long-term Services and Supports Benefits Only is listed. Medicare is responsible for primary, acute and behavioral health care services; therefore, the PCP's name, address and telephone number are not listed. The member receives only long-term services and supports through Texas Children's Health Plan.

### Automatic Re-enrollment

Texas Children's Health Plan members who lose Medicaid eligibility and then regain their eligibility within 6 months of their termination date will automatically be reassigned, by HHSC, to Texas Children's Health Plan.

#### **Changing Health Plans**

STAR Kids members can change health plans as many times as they want, but not more than once a month. If the member is in the hospital, he or she will not be able to change health plans until they have been discharged. If a member is not in the hospital, he or she can change their health plan by calling the Texas STAR Program Help Line at 1-800-964-2777. HHSC will make the final decision.

### Disenrollment

A member's disenrollment request will require medical documentation from the primary care provider or documentation that indicated sufficiently compelling circumstances that merit disenrollment.

Providers are prohibited from taking retaliatory action against a member. HHSC will make the final decision.

# **Special Access Requirements**

#### General Transportation and Ambulance/Wheelchair Van

The HHSC Medical Transportation Program (MTP) was created in 1975. MTP is funded with Title XIX and state funds and provides STAR Kids Members and their attendant's non-emergency transportation services (by the most costeffective modes) to a reasonably close and medically appropriate provider in each HHSC region. Individuals who are currently STAR Kids members and 1 attendant are eligible to receive transportation services. MTP ensures that STAR Kids members have transportation to and from facilities that provide appropriate covered services when no other means of transportation is available to medical facilities to receive medically necessary covered services.

There are 2 ways Texas Children's Health Plan members may get help with transportation needs:

- Ambulance services are covered for all members in emergencies. Severely disabled members whose conditions require ambulance services will be covered with prior approval.
- MTP provides STAR Kids clients with transportation to medical offices and doctors for covered health services. This transportation is provided in the most cost-effective manner and at no cost to the member.
- Members may use the service if they have a current STAR Kids ID and no other means of transportation. Members on a bus route will be sent a bus token.

MTP requires a two-workday notice for most appointments, and mailing time should be allowed for bus tokens. MTP is designed to improve access to medical care for Texas STAR Kids clients. It is not for emergency or taxi services. MTP can be reached at 1-877-633-8747 (toll-free).

If neither option works nor a member requires transportation to access health care services, call Texas Children's Health Plan Member Services and they will assist.

#### Interpreter/Translation Services

Texas Children's Health Plan provides language interpretation services to translate multiple languages. We do this through the Language Line which may be accessed by calling Member Services at 832-828-1001 or toll free at 1-866-959-2555. Member Services will then contact the Language Line as a third-party conversation.

For persons who are deaf or hearing impaired, please call Texas Relay TYY line at 1-800-735-2989 and ask them to call Member Services.

Texas Children's Health Plan will arrange, with 72 hours' prior notice, to have someone who speaks the member's language to meet the patient at the provider's office when they come for their appointment. For members in need of a sign language interpreter, Texas Children's Health Plan will provide an approved interpreter from the American Sign Language Association.

Trained interpreters should be used when technical, medical, or treatment information is to be discussed. Family members, especially children, should not be used as interpreters in assessments, therapy, and other situations where impartiality or confidentiality is critical unless specifically requested by the member.

#### **Provider/Care Coordination**

Texas Children's Health Plan will assist the provider in coordinating the care and establishing linkages, as appropriate for our members with existing community-based entities and services, including, but not limited to:

- Maternal and child health
- Children with Special Health Care Needs (CSHCN)
- Medically Dependent Children Program (MDCP)
- Interagency Council on Early Childhood Intervention
- In-home family support
- Primary home care
- Members with chronic conditions including asthma, diabetes, and obesity

# **Special Access Requirements**

Texas Children's Health Plan and providers must ensure that members with disabilities or chronic or complex conditions have access to treatment by a multidisciplinary team when determined to be medically necessary for effective treatment, or to avoid separate and fragmented evaluations and service plans. The teams must include both physician and non-physician providers determined to be necessary by the member's primary care provider for the comprehensive treatment of the member. They must:

- Participate in hospital discharge planning
- Participate in pre-admissions hospital planning for non-emergency hospitalizations
- Develop specialty care and support service recommendations to be incorporated into the primary care provider's plan of care
- Provide information to the member and the member's family concerning the specialty care recommendations

#### Reading /Grade Level Consideration

Patient materials should be written at a fourth- to sixth-grade reading level. The guidelines provided in this section for communication with interpreters are also good guidelines for communicating with members with limited literacy, especially asking the member to repeat your instructions. Do not assume that the member will be able to read instructions or a drawing/diagram for taking prescription medicines. Above all else, be sensitive to the embarrassment the member may feel about limited literacy.

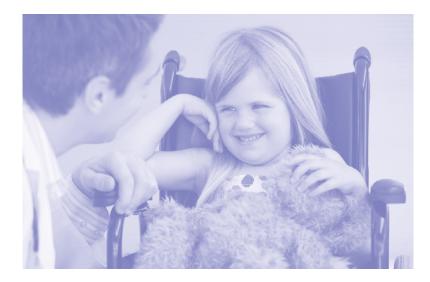
#### **Cultural Sensitivity**

Cultural sensitivity refers to the ability of individuals and systems to provide services effectively to people of all cultures, races, ethnic backgrounds, and religions in a manner that recognizes values, affirms and respects the worth of the individuals, and protects and preserves the dignity of each. Texas Children's Health Plan's interpretive services will help to provide care in culturally competent manner.

Texas Children's Health Plan has a mechanism in place to allow Members with Special Health Care Needs to have direct access to a specialist as appropriate for the Member's condition and identified needs, such as a standing referral to a specialty physician.

#### Telemedicine, Telehealth, and Telemonitoring Access

Telemedicine, telehealth, and telemonitoring are Covered Services and are benefits of Texas Medicaid as provided in the Texas Medicaid Provider Procedures Manual.







The best decision a family can make.

Texas Children's Health Plan Provider and Care Coordination 832-828-1008 • Toll free 800-731-8527 • TexasChildrensHealthPlan.org