

Nurse-Family Partnership

About the program

Nurse-Family Partnership is an evidence-based, community health program that serves first-time mothers and their families dealing with economic inequity. Texas Children's Health Plan (TCHP) offers this program to eligible members. The program pairs Registered Nurses with low-income, first-time mothers to improve prenatal care and provide support, education, and counseling on health, parenting and developmental issues and life skills.

How it works

- Nurses begin visiting with the members enrolled during their pregnancy. The visits occur every one to two weeks at their family's home, and **continue throughout her pregnancy until her child is two years old.**
- Nurses offer education, guidance, and counseling on topics such as healthy pregnancy practices, baby care, safe sleep techniques, and more.

Nurse-Family Partnership has **no cost** for TCHP's eligible members. The program aims to help members:

- Have a healthy pregnancy and a healthy baby.
- Gain knowledge on infant nutrition, development, and safe-sleep techniques.
- Access referrals for healthcare, childcare, job training, and other support services available in their community.
- Continue their education and develop job skills for a better future.

Eligibility for enrollment

Any Texas Children's Health Plan member who:

- Is pregnant with her first child and is 28 weeks pregnant or less.
- Meets the income requirements.
- Out of the three Service Delivery Areas (SDAs) that TCHP covers, Harris, Jefferson, and Northeast, Nurse-Family Partnership is available in the following cities: Houston and area, Port Arthur, Tyler and Longview.

If you have a pregnant patient who may benefit from the program, please refer them to Nurse-Family Partnership. This service is offered at **no cost** to eligible TCHP members, ensuring they receive the support they need to have a healthy pregnancy and begin their journey into parenthood with confidence.

For more information or to refer a patient, please **scan the QR code** or contact nfprefferal@texaschildrens.org, or call **832-828-1274**.

