



## Let's get ready for Back-to-School season!

Before you know it, summer will be over and your kiddos will be back in the classroom. We can help your family get a healthy start for the new school year at our upcoming Back-to-School Health Fairs.

Our upcoming Back-to-School events are open to the community, and will include:

- **Healthy Hub Station** with vaccines\* and health screenings\* for the whole family.
- **Baby Depot Area** with resources on Well-Child and pregnancy checkups.
- Free backpacks and school supplies for children present at the event.\*
- Information on how to renew and/or apply for CHIP/Medicaid.
- Family fun, face painting, giveaways and much more!

Find one of our upcoming Back-to-School Health Fairs near you:  
[texaschildrenshealthplan.org/backtoschool](https://texaschildrenshealthplan.org/backtoschool).

*\*Limited quantities of school supplies and backpacks at events. Health screenings and other medical services will vary by event location. Visit [texaschildrenshealthplan.org/backtoschool](https://texaschildrenshealthplan.org/backtoschool) for more details.*

[Learn more](#)



### Well-Child Checkups and Immunizations

Whether your family is traveling or staying close to home this summer, it's important to keep track of your child's Well-Child Checkups and vaccinations. With outbreaks like measles, meningitis, polio, respiratory syncytial virus (RSV) and influenza on the rise in the U.S. and across the world, it's essential you talk to your child's primary care provider (PCP) to make sure they have the vaccines needed to stay protected. Getting immunizations earlier in life is key to avoiding serious and life threatening risks.

For information about recommended immunizations, [click here](#).

Get rewarded for staying on top of your Well-Child Checkups!

[Get rewarded](#)



### Empowering Your Teen's Health

As your teen grows up and becomes more independent, it's important they learn how to stay healthy. One key topic you can cover is how to protect their sexual health, even if they are not sexually active.

Starting at age 13, teens are at higher risk of getting sexually transmitted infections (STIs). Some STIs, like Chlamydia, may not cause symptoms but still cause serious health problems if they are not treated. Here are some of the best ways to help lower that risk:

- Educate your teen on safe sex practices.
- Encourage them to get STI screenings, cervical cancer screenings, and/or a pap smear.
- Go to yearly wellness visits and talk to their doctor for more on STI-related vaccinations, like the human papillomavirus (HPV) vaccine.

For more information on how to empower your teen in their health journey, [click here](#) and watch our helpful video.

[Watch video](#)



### Application Assistance: We're in your area!

The process of applying for or renewing CHIP and Medicaid can feel overwhelming, but our Application Assistance team is ready to help serve you. **Did you know that we can help you with your application or renewal packet in person?**

We have 10 sites around the Houston area where you can get help from our Application Assistance team. Visit [www.texaschildrenshealthplan.org/application-assistance](https://www.texaschildrenshealthplan.org/application-assistance) to see when the Application Assistance team will be in your area and what documents you should bring with you. No appointments necessary—walk-ins are always welcome!

[Find a location near you](#)

### Helpful Links

- [Find a doctor near you](#)
- [Get medical advice 24/7 with our Help Line](#)
- [Have a question? Call us!](#)
- [Get a ride to the doctor's office or drug store](#)
- [Community resources](#)
- [Join a Member Advisory Group](#)
- Member Handbooks
  - [CHIP](#)
  - [STAR](#)
  - [STAR Kids](#)

