

	<p>Day Activity and Health Services (DAHS) Guideline</p>	
<p>Guideline # 10598</p>	<p>Categories Administration / Non-Clinical →TCHP Utilization Management</p>	<p>This Guideline Applies To: Texas Children's Health Plan</p>
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GUIDELINE STATEMENT:

Texas Children's Health Plan (TCHP) performs authorization of Day Activity and Health Services.

DEFINITIONS:

Day Activity and Health Services: Also known as adult daycare, are a LTSS benefit for all STAR Kids members ages 18 **years** and older who require the service because of a chronic medical condition and are able to benefit therapeutically from the service. DAHS provides attendant care in a facility setting under the supervision of a nurse. Services include nursing, physical rehabilitation, nutrition, social activities and transportation when another means of transportation is unavailable. STAR Kids managed care organizations may not require DAHS providers to obtain a denial or explanation of benefits from a member's primary insurance before seeking reimbursement for DAHS.

GUIDELINE

1. All requests for prior authorization for Day Activity and Health Services are received via fax, phone or mail by the Utilization Management Department and processed during normal business hours.
2. The Utilization Management professional receiving the request evaluates the submitted information to determine if the documentation supports the Day Activity and Health Services as an eligible service.
3. For initial prior authorization for Day Activity and Health Services, the following documentation must be provided:
 - 3.1. The potential for therapeutic benefit must be established by a physician's assessment and requires a physician's order.
 - 3.2. A Day Activity and Health Services (DAHS) facility nurse must complete a health assessment for each STAR Kids member at the facility. The assessment may be conducted by a registered nurse (RN) or licensed vocational nurse (LVN), based upon the member's condition at the time of initial assessment. The DAHS facility nurse

completes a health assessment at either the facility or the member's home. Health assessments must be conducted, at minimum, when:

- 3.2.1. Members need initial assessment for prior authorization by a STAR Kids managed care organization;
- 3.2.2. Members transfer to a new facility (conducted by the new facility);
- 3.2.3. The DAHS nurse determines a member needs to be reassessed.

3.3. The member or legally authorized representative must sign the health assessment each time the nurse completes or revises the form. The health assessment must identify specific conditions that may affect a member's functioning.

4. Reassessment for Day Activity and Health Services

4.1. Reassessment by a physician is required at least every 12 months for continued authorization. For this service, a physician assessment may be no older than 90 days from the date at which an authorization is requested.

4.2. A member is reassessed at regular intervals by the facility nurse. In addition, the facility nurse assesses the member for nursing, physical rehabilitation, and nutritional services when:

- 4.2.1. At reauthorization; **AND**
- 4.2.2. Transferring from another Day Activity and Health Services facility; **AND**
- 4.2.3. A member's condition changes. If the change in condition necessitates, the facility nurse coordinates with the member's service coordinator or physician for a physician assessment.

5. [Form 3055](#), Physician's Orders (DAHS), and [Form 3050](#), DAHS Health Assessment/Individual Service Plan, must be utilized for new enrollments, for transfers to a different DAHS facility, and if the individual's condition changes.
6. 1 unit per month S5101 (adult day care) (3 hours but less than 6 hours a day) may be approved for one year at a time.
7. Requests for 2 units a day (more than six hours a day) may be approved on a case by case basis if there is documentation that over 6 hours per day is necessary (e.g. Member lives in an environment without access to social and recreational activities **AND** more than 6 hours is necessary to meet the Member's medical needs)
8. Time spent in approved transportation provided by the DAHS facility shall be counted in the unit of service.
9. If Member transfers DAHS facilities or condition changes, must get new physician assessment and order prior to authorization

10. Day Activity and Health Services (DAHS) may be received in conjunction with some other services such as personal care services (PCS) or consumer managed personal attendant services (CMPAS) as long as there is not a duplication of services.
11. Requests that do not meet the criteria established by this procedure will be referred to a TCHP Medical Director/Physician Reviewer for review and the Denial Policy will be followed.
12. Preauthorization is based on medical necessity and not a guarantee of benefits or eligibility. Even if preauthorization is approved for treatment or a particular service, that authorization applies only to the medical necessity of treatment or service. All services are subject to benefit limitations and exclusions. Providers are subject to State and Federal Regulatory compliance and failure to comply may result in retrospective audit and potential financial recoupment.

RELATED DOCUMENTS:

STAR Kids Handbook Section 4500

<https://www.hhs.texas.gov/laws-regulations/handbooks/skh/star-kids-handbook>

REFERENCES:

HHSC Adult day care and day activity and health services requirements <https://hhs.texas.gov/laws-regulations/handbooks/adult-day-care-and-day-activity-and-health-services-requirements>

National Adult Day Services Association <http://www.nadsa.org/consumers/overview-and-facts/>

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Approved	09/16/2021	Clinical & Administrative Advisory Committee Reviewed and Approved for Implementation

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